

**KENTUCKY LOCAL HEALTH DEPARTMENT SMOKING CESSATION SURVEY  
COHORT I  
APRIL-JUNE 1999**

**Does your health department provide smoking cessation programs?**

Green River District	Madison Co. District	North Central District	Northern Kentucky District	<b>Kentucky</b>
Yes	Yes	Yes	Yes	<b>34 (68%)</b>

**If yes, what programs are offered?**

	Green River District	Madison Co. District	North Central District	Northern Kentucky District	<b>Kentucky (n=34)</b>
Fresh Start		✓			<b>23 (67.6%)</b>
Freedom from smoking			✓		<b>3 (8.8%)</b>
Cooper-Clayton	✓	✓		✓	<b>21 (61.7%)</b>
N.O.T.				✓	<b>1 (2.9%)</b>
Prenatal Cessation Program					<b>2 (5.8%)</b>
Mommy and Me				✓	<b>1 (2.9%)</b>

**If yes, what is the number of programs offered within the last year?**

Green River District	Madison Co. District	North Central District	North Central District	<b>Kentucky (n=32)</b>
6	4	8	5	<b>4.34 ± 3.77, range=1-16</b>

**If yes, what is the number of clients participating in smoking cessation within the last year?**

Green River District	Madison Co. District	North Central District	Northern Kentucky District	<b>Kentucky (n=27)</b>
68	60	65	80	<b>30.78 ± 28.68, range=1-100</b>

**If yes, how many clients completed smoking cessation programs in the last year?**

Green River District	Madison Co. District	North Central District	Northern Kentucky District	<b>Kentucky n=23</b>
32	40	55	50	<b>21.30 ± 19.68 range=1-55</b>

**If yes, who provides smoking cessation programs?**

	Green River District	Madison Co. District	North Central District	Northern Kentucky District	<b>Kentucky (n=34)</b>
Health educator	✓	✓	✓	✓	<b>28 (82.3%)</b>
Nurse	✓	-	-	✓	<b>14 (41.1%)</b>
Other	-	-	-	-	<b>7 (20.5%)</b>

**What is the average monthly number of requests for smoking cessation?**

Green River District	Madison Co. District	North Central District	Northern Kentucky District	Kentucky (n=49)
5	50	1	5	3.10 ± 7.1, range=0-50

**Are Cooper-Clayton Method to Stop Smoking programs provided?**

Green River District	Madison Co. District	North Central District	Northern Kentucky District	Kentucky (n=50)
Yes	Yes	No	Yes	16 (32%)

**If yes, how many people are trained to provide the Cooper-Clayton Method to Stop Smoking?**

Green River District	Madison Co. District	North Central District	Northern Kentucky District	Kentucky (N=50)
2	3	2	6	.70 ± 1.16, range 0-6

**Has your health department provided smoking cessation programs for health care providers within past year?**

Green River District	Madison Co. District	North Central District	Northern Kentucky District	Kentucky (N=50)
Yes	Yes	No	Yes	9 (18%)

**If yes, how many programs have been provided?**

Green River District	Madison Co. District	North Central District	Northern Kentucky District	Kentucky (N=8)
1	10	-	1	2.88 ± 3.09, range=1-10

**What are the obstacles to providing smoking cessation services?**

	Green River District	Madison Co. District	North Central District	Northern Kentucky District	Kentucky
Not enough staff	✓	✓	✓		21/50 (42%)
Staff not trained				✓	21/50 (42%)
Too busy					9/50 (18%)
Few requests			✓	✓	40/50 (80%)
Too expensive					14/49 (28.5%)
Ineffective					10/47 (21.2%)