

The Kentucky Department for Public Health
University of Kentucky College of Nursing
Pike County Health Department Tobacco Cessation Survey, 2002

| | <u>Pike</u> | <u>Kentucky (N=54)*</u> |
|---|-------------|---------------------------------|
| 1. Are you or other health department staff involved in providing tobacco cessation programs? | Yes | 54 (100.0%) Yes |
| 2. If "Yes," what programs do you provide? | | |
| a. Fresh Start (American Cancer Society) | No | 11 (20.4%) Yes |
| b. Freedom from Smoking (American Lung Association) | No | 1 (1.9%) Yes |
| c. Cooper-Clayton Method to Stop Smoking | Yes | 50 (92.6%) Yes |
| d. Make Yours a Fresh Start Family (American Cancer Society) | No | 37 (68.5%) Yes |
| e. Quit and Win | No | 31 (57.4%) Yes |
| 3. If "Yes," how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes) | 2 | Mean = 4.7 (<u>SD</u> = 3.5) |
| 4. If "Yes," how many clients/patients participated in tobacco cessation programs within the last year? | | Mean = 72.4 (<u>SD</u> = 79.1) |
| 5. If "Yes," how many clients/patients completed tobacco cessation programs within the last year? | 2 | Mean = 41.5 (<u>SD</u> = 65.7) |
| 6. If "Yes," what is the job title of health department staff providing tobacco cessation (Check all that apply)? | | |
| a. Health Educator | No | 34 (63.0%) Yes |
| b. Nurse | Yes | 36 (66.7%) Yes |
| c. Social Worker | No | 5 (9.3%) Yes |
| d. Physician | No | 3 (5.6%) Yes |
| 7. On average, how many requests for tobacco cessation does your health department receive per month? | 7 | Mean = 8.0 (<u>SD</u> = 14.3) |

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| 8. According to our records, 1 person in your area participated in the Quit & Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win? | Don't Know | Mean = 4.4 (<u>SD</u> = 11.3) |
| 9. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area? | Yes | 50 (92.6%) Yes |
| 10. If "Yes," how many people in your service area are trained to provide Cooper-Clayton programs? | 4 | Mean = 5.1 (<u>SD</u> = 8.2) |
| 11. Within the past year, has your health department provided education programs on tobacco cessation for health care providers? | | 30 (57.7%) Yes |
| 12. If "Yes," about how many programs did you provide? | | Mean = 2.6 (<u>SD</u> = 2.8) |
| 13. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)? | Yes | 45 (84.9%) Yes |
| 14. If "Yes," is the tobacco-user identification system used for every patient at every clinic visit? | Yes | 38 (82.6%) Yes |
| 15. What kinds of educational methods are used for tobacco use cessation in your health department? | | |
| a. Formal group classes | Yes | 45 (83.3%) Yes |
| b. Individual counseling | Yes | 52 (96.3%) Yes |
| c. Audio-visual materials | Yes | 47 (87.0%) Yes |
| d. Printed materials | Yes | 54 (100.0%) Yes |
| e. Posters | Yes | 48 (88.9%) Yes |
| 16. Does your clinic have self-help materials for tobacco use cessation available in every exam room? | Yes | 38 (70.4%) Yes |

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| 17. Are materials on secondhand smoke available in every exam room? | Yes | 32 (62.8%) Yes | |
| 18. Do your health care providers routinely ask patients about secondhand smoke exposure in the home? | Yes | 46 (85.2%) Yes | |
| 19. Do your health care providers routinely advise patients to ban smoking in the home? | Yes | 44 (84.6%) Yes | |
| 20. Do you health care providers routinely advise patients to ban smoking in their cars? | Yes | 34 (69.4%) Yes | |
| 21. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment? | Yes | 52 (98.1%) Yes | |
| 22. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling) | No | 20 (42.6%) Yes | |
| 23. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? | | | |
| a. Nicotine Gum | 3= | 1= Never | 13.2% |
| | | 2= | 32.1% |
| | | 3= | 37.7% |
| | | 4= | 9.4% |
| | | 5= Very Often | 7.5% |
| b. Nicotine Patch | 3= | 1= Never | 7.5% |
| | | 2= | 26.4% |
| | | 3= | 34.0% |
| | | 4= | 13.2% |
| | | 5= Very Often | 18.9% |
| c. Nicotine Nasal Spray | 1= Never | 1= Never | 62.3% |
| | | 2= | 20.8% |
| | | 3= | 17.0% |
| | | 4= | 0.0% |
| | | 5= Very Often | 0.0% |

* Participation rate = 98.2%

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| d. Nicotine Inhaler | 1= Never | 1= Never | 60.4% |
| | | 2= | 28.3% |
| | | 3= | 11.3% |
| | | 4= | 0.0% |
| | | 5= Very Often | 0.0% |
| e. Bupropion (Wellbutrin, Zyban) | 1= Never | 1= Never | 35.8% |
| | | 2= | 26.4% |
| | | 3= | 22.6% |
| | | 4= | 11.3% |
| | | 5= Very Often | 3.8% |
| f. Clonidine (suppresses opoid withdrawal symptoms; typically used to treat high blood pressure) | 1= Never | 1= Never | 82.7% |
| | | 2= | 9.6% |
| | | 3= | 7.7% |
| | | 4= | 0.0% |
| | | 5= Very Often | 0.0% |
| g. Nortriptyline (antidepressant) | 1= Never | 1= Never | 80.4% |
| | | 2= | 9.8% |
| | | 3= | 7.8% |
| | | 4= | 0.0% |
| | | 5= Very Often | 2.0% |
| 24. We have enough staff to provide tobacco cessation programs. | | 1= StronglyDisagree | 14.8% |
| | | 2= Disagree | 31.5% |
| | 3= Agree | 3= Agree | 37.0% |
| | | 4= StronglyAgree | 16.7% |
| 25. Our staff are not trained to provide tobacco cessation. | 1= StronglyDisagree | 1= StronglyDisagree | 46.3% |
| | | 2= Disagree | 38.9% |
| | | 3= Agree | 13.0% |
| | | 4= StronglyAgree | 1.9% |
| 26. We are too busy to provide tobacco cessation. | 1= StronglyDisagree | 1= StronglyDisagree | 42.6% |
| | | 2= Disagree | 44.4% |
| | | 3= Agree | 11.1% |
| | | 4= StronglyAgree | 1.9% |

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| 27 | We have few requests for tobacco cessation programs. | 1= StronglyDisagree | 1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree | 24.1% 29.6% 37.0% 9.3% |
| 28. | Tobacco cessation programs are too expensive. | 3= Agree | 1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree | 35.2% 44.4% 18.5% 1.9% |
| 29. | Tobacco cessation programs are effective. | 3= Agree | 1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree | 0.0% 1.9% 67.3% 30.8% |

For more information, contact:
Dr. Ellen Hahn, DNS, RN
Associate Professor
University of Kentucky
College of Nursing
(859) 257-2358
ejhahn00@pop.uky.edu