

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Pennyriple District Health Department Tobacco Cessation Survey, 2001

| | <u>Pennyriple</u> | <u>Kentucky (N=55)</u> |
|--|-------------------|--|
| 1. Are you or other health department staff involved in providing tobacco cessation programs? | Yes | 40 (72.7%) Yes |
| 2. If "Yes", what programs do you provide? | | |
| a. Fresh Start (American Cancer Society) | Yes | 7 (17.5%) |
| b. Freedom from Smoking (American Lung Association) | No | 0 |
| c. Cooper-Clayton Method to Stop Smoking | Yes | 35 (87.5%) |
| d. Make Yours a Fresh Start Family (American Cancer Society) | No | 8 (20.0%) |
| 3. If "Yes", how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes) | 1 | Mean = 3.8 (<u>SD</u> = 4.0) |
| 4. If "Yes", how many clients/patients participated in tobacco cessation programs within the last year? | 25 | Mean = 34.0 (<u>SD</u> = 44.5) |
| 5. If "Yes", how many clients/patients completed tobacco cessation programs within the last year? | 15 | Mean = 15.8 (<u>SD</u> = 24.2) (45.3% Completion Rate) |
| 6. If "Yes", what is the job title of health department staff providing tobacco cessation (Check all that apply)? | | |
| a. Health Educator | Yes | 26 (65.0%) |
| b. Nurse | Yes | 15 (37.5%) |
| c. Social Worker | No | 3 (12.5%) |
| 7. On average, how many requests for tobacco cessation does your health department receive per month? | 5 | Mean = 7.4 (<u>SD</u> = 14.6) |

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| 8. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area? | Yes | 29 (53.7%) Yes |
| 9. If “Yes”, how many people in your service area are trained to provide Cooper-Clayton programs? | 2 | Mean = 4.9 (<u>SD</u> = 5.3) |
| 10. Within the past year, has your health department provided education programs on tobacco cessation for health care providers? | Yes | 15 (27.3%) Yes |
| 11. If “Yes”, about how many programs did you provide? | 4 | Mean = 3.1 (<u>SD</u> = 2.4) |
| 12. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)? | Yes | 36 (65.5%) Yes |
| 13. If “Yes”, is the tobacco-user identification system used for every patient at every clinic visit? | Yes | 32 (88.9%) Yes |
| 14. What kinds of educational methods are used for tobacco use cessation in your health department? | | |
| a. Formal group classes | Yes | 37 (67.3%) |
| b. Individual counseling | Yes | 51 (92.7%) |
| c. Audio-visual materials | Yes | 36 (65.5%) |
| d. Printed materials | Yes | 54 (98.2%) |
| e. Posters | Yes | 48 (87.3%) |
| 15. Does your clinic have self-help materials for tobacco use cessation available in every exam room? | Yes | 32 (58.2%) Yes |

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| 16. Are materials on secondhand smoke available in every exam room? | Yes | 27 (49.0%) Yes |
| 17. Do your health care providers routinely ask patients about secondhand smoke exposure in the home? | Yes | 41 (75.9%) Yes |
| 18. Do your health care providers routinely advise patients to ban smoking in the home? | No | 39 (73.6%) Yes |
| 19. Do you health care providers routinely advise patients to ban smoking in their cars? | No | 34 (64.2%) Yes |
| 20. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in you community for tobacco use cessation treatment? | Yes | 47 (85.5%) Yes |
| 21. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling) | No | 15 (27.8%) Yes |
| 22. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? | | |

a. Nicotine Gum

| <u>Pennyriple</u> | <u>Kentucky</u> | |
|--------------------------|------------------------|-------|
| | 1 = Never | 40.0% |
| 2 = | 2 = | 32.7% |
| | 3 = | 18.2% |
| | 4 = | 7.3% |
| | 5 = Very Often | 5.5% |

b. Nicotine Patch

| <u>Pennyriple</u> | <u>Kentucky</u> | |
|--------------------------|------------------------|-------|
| | 1 = Never | 38.2% |
| 2 = | 2 = | 23.6% |
| | 3 = | 18.2% |
| | 4 = | 10.9% |
| | 5 = Very Often | 9.1% |

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c. Nicotine Nasal Spray

| <u>Pennyriple</u> | <u>Kentucky</u> | |
|-------------------|-----------------|-------|
| 1 = Never | 1 = Never | 80.0% |
| | 2 = | 18.2% |
| | 3 = | 1.8% |
| | 4 = | 0.0% |
| | 5 = Very Often | 0.0% |

d. Nicotine Inhaler

| <u>Pennyriple</u> | <u>Kentucky</u> | |
|-------------------|-----------------|-------|
| | 1 = Never | 76.4% |
| 2 = | 2 = | 21.8% |
| | 3 = | 1.8% |
| | 4 = | 0.0% |
| | 5 = Very Often | 0.0% |

e. Bupropion (Wellbutrin, Zyban)

| <u>Pennyriple</u> | <u>Kentucky</u> | |
|-------------------|-----------------|-------|
| | 1 = Never | 42.6% |
| 2 = | 2 = | 27.8% |
| | 3 = | 14.8% |
| | 4 = | 3.7% |
| | 5 = Very Often | 11.1% |

f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)

| <u>Pennyriple</u> | <u>Kentucky</u> | |
|-------------------|-----------------|-------|
| | 1 = Never | 92.6% |
| 2 = | 2 = | 7.4% |
| | 3 = | 0.0% |
| | 4 = | 0.0% |
| | 5 = Very Often | 0.0% |

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g. Nortriptyline (antidepressant)

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|--------------------------|------------------------|-------|
| | 1 = Never | 94.4% |
| 2 = | 2 = | 3.7% |
| | 3 = | 1.9% |
| | 4 = | 0.0% |
| | 5 = Very Often | 0.0% |

23. We have enough staff to provide tobacco cessation programs.

| <u>Pennyriple</u> | <u>Kentucky</u> | |
|--------------------------|------------------------|-------|
| | 1 = Strongly Disagree | 9.1% |
| | 2 = Disagree | 36.4% |
| 3 = Agree | 3 = Agree | 40.0% |
| | 4 = Strongly Agree | 14.5% |

24. Our staff are not trained to provide tobacco cessation.

| <u>Pennyriple</u> | <u>Kentucky</u> | |
|--------------------------|------------------------|-------|
| | 1 = Strongly Disagree | 12.7% |
| 2 = Disagree | 2 = Disagree | 61.8% |
| | 3 = Agree | 18.2% |
| | 4 = Strongly Agree | 7.3% |

25. We are too busy to provide tobacco cessation.

| <u>Pennyriple</u> | <u>Kentucky</u> | |
|--------------------------|------------------------|-------|
| | 1 = Strongly Disagree | 21.8% |
| 2 = Disagree | 2 = Disagree | 72.7% |
| | 3 = Agree | 5.5% |
| | 4 = Strongly Agree | 0.0% |

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26. We have few requests for tobacco cessation programs.

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| | 1 = Strongly Disagree 10.9% |
| | 2 = Disagree 41.8% |
| 3 = Agree | 3 = Agree 36.4% |
| | 4 = Strongly Agree 10.9% |

27. Tobacco cessation programs are too expensive.

| <u>Pennyriple</u> | <u>Kentucky</u> |
|-------------------|----------------------------|
| | 1 = Strongly Disagree 9.1% |
| 2 = Disagree | 2 = Disagree 67.3% |
| | 3 = Agree 20.0% |
| | 4 = Strongly Agree 3.6% |

28. Tobacco cessation programs are effective.

| <u>Pennyriple</u> | <u>Kentucky</u> |
|-------------------|----------------------------|
| | 1 = Strongly Disagree 0.0% |
| | 2 = Disagree 10.9% |
| 3 = Agree | 3 = Agree 67.3% |
| | 4 = Strongly Agree 21.8% |

For more information, contact:

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