Kentucky Department for Public Health
University of Kentucky College of Nursing
School Tobacco Policy Study, 2009

Laurel County

	Laurel N = 4	Kentucky N = 657
1. Does your school have a policy that bans indoor smoking?	n = 4	n = 657
Yes	100.0	98.9
2. Does your school's policy apply to students?	n = 4	n = 650
Yes	100.0	98.6
3. Does your school's policy apply to teachers and staff?	n = 4	n = 650
Yes	100.0	98.2
4. Does your school's policy apply to visitors to your school?	n = 4	n = 650
Yes	100.0	97.4
5. Does your school have a policy that bans smoking on school grounds for students?	n = 4	n = 657
Yes	100.0	93.5
6. If no, where are students permitted to smoke?	n = 0	n = 18
Anywhere outside on school property	0.0	38.9
In a specified area outside on school property	0.0	61.1
7. Does your school have a policy that bans smoking on school grounds for employees?	n = 4	n = 657
Yes	25.0	52.7
8. If no, where are employees permitted to smoke?	n = 3	n = 280
Anywhere outside on school property	66.7	17.1
In a specified area outside on school property	33.3	82.9
9. Is smoking prohibited at indoor school-related events that occur after school hours?	n = 4	n = 657
Yes	75.0	91.3
10. Is smoking prohibited at outdoor events that occur after school hours?	n = 4	n = 657
Yes	75.0	52.7
11. To what extent do students comply with the existing smoking policies?	n = 4	n = 656
All of the time	25.0	42.7
Most of the time	50.0	53.8
Some of the time	25.0	3.4
Never	0.0	0.2

Note: n=number of people responding to the question

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12. Other than the principal, is anyone assigned to monitor specific problem areas for smoking (such as bathrooms, hallways, etc.)?	n = 4	n = 657
Yes	100.0	86.6
13. How effective is this in curtailing student smoking in your building?	n = 4	n = 530
Very effective	75.0	85.1
Somewhat effective	25.0	14.9
Not at all effective	0.0	0.0
14. Does your school have alarms in restrooms that signal when someone lights up or is smoking?	n = 0	n = 657
Yes	0.0	11.9
15. If yes, are the alarms:	n = 0	n = 78
Silent that page a designated person	0.0	39.7
Audible	0.0	55.1
In all student restrooms	0.0	38.5
16. Are there signs posted at your school that say tobacco use is prohibited?	n = 4	n = 657
Yes	75.0	76.3
17. How is the student policy communicated?	n = 4	n = 657
Student handbook	100.0	95.7
Hallway signage	0.0	25.7
Classroom signage	25.0	4.7
Restroom signage	0.0	8.1
Administrative office signage	25.0	9.0
Entryway signage	75.0	39.6
Orientation	50.0	44.0
Assemblies	0.0	21.5
Parent meetings	0.0	21.2
Not communicated	0.0	0.6
Other	0.0	11.1

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18. How is the employee policy communicated?	n = 4	n = 657
Faculty handbook	75.0	86.5
Administrative office signage	25.0	10.0
Teachers lounge signage	0.0	7.8
Entryway signage	50.0	25.1
Training/Orientation	25.0	43.8
Meetings	25.0	22.4
Word of mouth	50.0	28.9
Not communicated	0.0	1.1
Other	0.0	5.8
19. For a first time offense, what action is taken when a student violates the smoking policy?	n = 4	n = 657
Verbal reprimand	25.0	31.8
Written reprimand	0.0	24.7
Notification of parents	25.0	57.2
Detention hall	0.0	19.8
Probation	0.0	2.0
In school suspension	25.0	31.4
Out of school suspension	0.0	11.4
Smoking education class	0.0	6.7
Mandatory smoking cessation class	0.0	1.7
Voluntary smoking cessation class	0.0	1.2
Counseling	25.0	4.6
Other	75.0	15.5

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20. For a second time offense, what action is taken when a student violates the smoking policy?	n = 4	n = 657
Verbal reprimand	25.0	17.7
Written reprimand	0.0	26.8
Notification of parents	25.0	51.9
Detention hall	0.0	16.1
Probation	0.0	2.1
In school suspension	0.0	37.1
Out of school suspension	25.0	25.1
Smoking education class	0.0	6.7
Mandatory smoking cessation class	0.0	4.3
Voluntary smoking cessation class	0.0	0.8
Counseling	0.0	7.5
Other	75.0	20.5
21. For 3 or more offenses, what action is taken when a student violates the smoking policy?	n = 4	n = 657
Verbal reprimand	0.0	15.1
Written reprimand	0.0	21.5
Notification of parents	0.0	43.5
Detention hall	25.0	8.2
Probation	0.0	3.0
In school suspension	50.0	23.9
Out of school suspension	0.0	43.4
Smoking education class	50.0	5.6
Mandatory smoking cessation class	0.0	4.3
Voluntary smoking cessation class	0.0	1.5
Counseling	0.0	9.0
Other	75.0	27.4

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22. For a first time offense, what action is taken when an employee violates the smoking policy?	n = 4	n = 657
Verbal reprimand	75.0	71.1
Written reprimand	25.0	16.1
Suspension from work	0.0	1.1
Smoking education class	0.0	0.0
Mandatory smoking cessation program	0.0	0.0
Other	25.0	13.2
23. For a second time offense, what action is taken when an employee violates the smoking policy?	n = 4	n = 657
Verbal reprimand	25.0	25.0
Written reprimand	50.0	56.2
Suspension from work	0.0	7.5
Smoking education class	0.0	2.6
Mandatory smoking cessation program	0.0	0.8
Other	50.0	19.0
24. For 3 or more offenses, what action is taken when an employee violates the smoking policy?	n = 4	n = 657
Verbal reprimand	0.0	14.8
Written reprimand	25.0	26.3
Suspension from work	25.0	25.7
Smoking education class	0.0	3.2
Mandatory smoking cessation program	0.0	1.4
Other	75.0	36.1
25. Does your school have a policy that bans smokeless tobacco use?	n = 4	n = 657
Yes	100.0	95.6
26. If yes, does your policy apply to students?	n = 4	n = 628
Yes	100.0	98.7
27. If yes, does your policy apply to teachers and staff?	n = 4	n = 628
Yes	100.0	95.5

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28. If yes, does your policy apply to visitors to your school?	n = 4	n = 628
Yes	100.0	92.4
29. If yes, where is smokeless tobacco use prohibited?	n = 4	n = 628
Indoors	100.0	91.7
Outdoors on school grounds	50.0	63.9
30. Do you provide direct smoking cessation services to students and/or employees at your school?	n = 4	n = 657
Yes	25.0	33.0
31. If yes, what resources are available at your school?	n = 1	n = 217
Cooper/Clayton Method to Stop Smoking	0.0	26.7
TEG (Tobacco Education)	0.0	35.9
TAP (Tobacco Cessation)	0.0	32.3
N.O.T. (Not on Tobacco cessation program)	0.0	1.4
N.O.T. (Alternative to Suspension)	0.0	1.4
Health Department cessation classes or individual counseling	0.0	41.0
Referral to School Guidance Counselor for cessation	100.0	20.3
Referral to outside counseling for cessation other than Health Dept.	0.0	8.3
Other (other than health department)	0.0	22.1
32. How often are the smoking cessation classes offered at your school?	n = 1	n = 206
Once a year	0.0	5.8
Once every school semester or session	0.0	5.3
Every 12 weeks	0.0	1.5
Other	0.0	7.8
Once a month	0.0	1.9
As needed	100.0	77.7

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33. What tobacco prevention/advocacy programs are the youth at your school involved in?	n = 4	n = 657
TATU (Teens Against Tobacco Use)	0.0	8.8
START (Students Teaching Awareness Regarding Tobacco)	0.0	0.6
SQUADS (Study, Question, Understand, Act, Debrief, Success)	0.0	0.5
Champions for a Drug-free Kentucky	0.0	14.0
SADD (Students Against Destructive Decisions)	0.0	10.5
Other	0.0	23.6
None	100.0	50.8
34. Is tobacco advertising prohibited at school or in school publications?	n = 4	n = 657
Yes	50.0	91.6
35. Does your school dress code prohibit wearing something that has a tobacco company name or picture on it?	n = 4	n = 657
Yes	100.0	90.3
36. Are there any tobacco advertisements within 1,000 feet of your school?	n = 4	n = 657
Yes	25.0	13.4
37. Does your school do any fundraising involving bingo halls that allow smoking?	n = 0	n = 657
Yes	0.0	6.1
38. Are youth allowed to work in the bingo halls that allow smoking?	n = 0	n = 40
Yes	0.0	32.5
39. How often do school safety officers or local law enforcement officers enforce tobacco use and possession laws in or around your school when students are found smoking?	n = 4	n = 644
Often	0.0	10.9
Sometimes	25.0	13.7
Rarely	50.0	18.2
Never	0.0	30.4
We don't have officers at our school	25.0	26.9

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40. What happens to youth cited by an officer for possession or use of tobacco at or around your school?	n = 3	n = 288
Tobacco is confiscated	66.7	72.9
Referred to a tobacco education program (TEG, N.O.T. Alternative to Suspension)	0.0	14.9
Community service is required	0.0	3.1
Parents contacted	33.3	43.1
Referred to principal's office/authorities	66.7	55.6
Referred to local court designated worker	0.0	7.6
Other	0.0	10.8
41. Does the school or school district own, lease, or borrow land used to grow tobacco?	n = 0	n = 657
Yes	0.0	3.2
42. If yes, do students participate in tobacco production?	n = 0	n = 21
Yes	0.0	57.1
43. If yes, for what purposes do students participate in tobacco production?	n = 0	n = 12
Fundraising for school activities	0.0	16.7
Agriculture education	0.0	83.3
Other	0.0	0.0
44. Does your school or school district receive money from tobacco companies for any purpose?	n = 0	n = 657
Yes	0.0	0.6
45. Are you contemplating changes in your smoking policy?	n = 0	n = 657
Yes	0.0	9.1
46. How interested are you in receiving assistance on changing your smoking policies?	n = 4	n = 651
Very interested	0.0	4.0
Interested	25.0	15.8
Not interested	75.0	80.2
47. Would you be interested in receiving information pertaining to tobacco education, statistics or trends?	n = 4	n = 657
Yes	100.0	69.9

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Prevention Curricula		
48. Does your school teach the Life Skills Training Program?	n = 0	n = 657
Yes	0.0	26.0
49. If yes, in what grade levels is it taught?	n = 0	n = 171
K	0.0	7.6
1st	0.0	7.6
2nd	0.0	7.6
3rd	0.0	9.4
4th	0.0	18.1
5th	0.0	20.5
6th	0.0	48.0
7th	0.0	50.3
8th	0.0	43.9
9th	0.0	33.9
10th	0.0	29.2
11th	0.0	26.9
12th	0.0	27.5
50. If yes, do all children in the grade level receive the curriculum?	n = 0	n = 171
Yes	0.0	82.5
51. Does your school teach Project ALERT?	n = 0	n = 657
Yes	0.0	5.5
52. If yes, in what grade levels is it taught?	n = 0	n = 36
K	0.0	5.6
1st	0.0	5.6
2nd	0.0	5.6
3rd	0.0	5.6
4th	0.0	11.1

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5th	0.0	11.1
6th	0.0	55.6
7th	0.0	58.3
8th	0.0	50.0
9th	0.0	5.6
10th	0.0	2.8
11th	0.0	2.8
12th	0.0	2.8
53. If yes, do all children in the grade level receive the curriculum?	n = 0	n = 36
Yes	0.0	75.0
54. Does your school teach the new version of DARE?	n = 4	n = 657
Yes	25.0	24.0
55. If yes, in what grade levels is it taught?	n = 1	n = 158
K	0.0	4.4
1st	0.0	5.7
2nd	0.0	6.3
3rd	0.0	7.6
4th	0.0	10.8
5th	100.0	50.0
6th	0.0	39.2
7th	0.0	13.3
8th	0.0	11.4
9th	0.0	10.1
10th	0.0	9.5
11th	0.0	8.2
12th	0.0	8.2

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56. If yes, do all children in the grade level receive the curriculum?	n = 1	n = 158
Yes	100.0	88.0
57. Does your school teach Kentucky Adolescent Tobacco Prevention Program?	n = 0	n = 657
Yes	0.0	1.7
58. If yes, in what grade levels is it taught?	n = 0	n = 11
K	0.0	0.0
1st	0.0	0.0
2nd	0.0	0.0
3rd	0.0	0.0
4th	0.0	0.0
5th	0.0	0.0
6th	0.0	27.3
7th	0.0	45.5
8th	0.0	36.4
9th	0.0	36.4
10th	0.0	9.1
11th	0.0	0.0
12th	0.0	0.0
59. If yes, do all children in the grade level receive the curriculum?	n = 0	n = 11
Yes	0.0	81.8
60. Does your school teach Project Toward No Tobacco Use (TNT)?	n = 4	n = 657
Yes	25.0	2.0
61. If yes, in what grade levels is it taught?	n = 1	n = 13
K	0.0	0.0
1st	0.0	0.0
2nd	0.0	0.0

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3rd	0.0	0.0
4th	0.0	0.0
5th	0.0	23.1
6th	100.0	30.8
7th	0.0	30.8
8th	0.0	30.8
9th	0.0	38.5
10th	0.0	38.5
11th	0.0	30.8
12th	0.0	30.8
62. If yes, do all children in the grade level receive the curriculum?	n = 0	n = 13
Yes	0.0	92.3
63. Does your school have a Wellness Policy in place?	n = 4	n = 657
Yes	75.0	65.1
64. Does your school have a Wellness Committee?	n = 4	n = 657
Yes	25.0	47.9
65. What measures are you taking to monitor the implementation of your wellness policies?	n = 4	n = 657
Wellness policy is included in our Comprehensive District Improvement Plan (CIPD)	25.0	32.4
Wellness policy is included in our Comprehensive School Improvement Plan (CSIP)	0.0	26.8
Nutrition and physical activity environments are evaluated annually	25.0	34.9
The School Health Index (SHI) is utilized	0.0	19.6
Other	0.0	17.7
66. Teachers/staff are provided opportunities for physical activity during the day.	n = 4	n = 657
Yes	50.0	48.1

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67. Teachers/staff are offered activity/fitness programs that are free or low cost.	n = 4	n = 657
Yes	25.0	54.0
68. Teachers/staff are offered stress management programs by the school.	n = 0	n = 657
Yes	0.0	17.7
69. Health screenings offered to teachers/staff are free or low cost.	n = 0	n = 657
Yes	0.0	52.5
70. Teachers/staff are offered weight management or nutrition education programs that are free or low cost.	n = 0	n = 657
Yes	0.0	35.0
71. Are students allowed to use your school's indoor and outdoor physical activity facilities, free of cost, outside of school hours? (Outside of school hours means after school, evenings, weekends and school vacations)	n = 4	n = 644
Yes, both indoor and outdoor	25.0	52.5
Yes, but indoor only	0.0	2.8
Yes, but outdoor only	25.0	22.8
No	50.0	21.9
72. Is the public allowed to use your school's indoor and outdoor physical activity facilities, free of cost, outside of school hours? (Outside of school hours means after school, evenings, weekends and school vacations)	n = 4	n = 642
Yes, both indoor and outdoor	0.0	31.8
Yes, but indoor only	0.0	2.3
Yes, but outdoor only	50.0	28.5
No	50.0	37.4
73. Does your school or school district have an exclusive contract or a pouring rights contract with a soft drink vendor that allows only that vendor to place vending machines in the school?	n = 4	n = 657
Yes	75.0	71.1
74. Does your school or school district have a policy that prohibits OR limits junk foods?	n = 4	n = 657
In vending machines	75.0	80.8
At student/classroom parties	25.0	53.0
At staff meetings	0.0	17.5

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At after school events	0.0	21.3
As reward for good behavior	25.0	46.7
As reward for academic performance	0.0	46.0
At concession stands	0.0	16.9
As fundraisers	0.0	32.1
75. How often do fundraising efforts at your school include the sale of junk food?	n = 4	n = 650
Often	75.0	18.0
Rarely	0.0	55.5
Never	25.0	20.6
Policy prohibits fundraising with junk foods	0.0	5.8
76. Does your physical activity (PA) or physical education (PE) program meet or exceed minimum state requirements for graduation?	n = 4	n = 641
Meets the minimum state requirement for graduation	75.0	85.6
Exceeds the state requirement	25.0	14.4
77. Does your school collect indicators of student health such as BMI, height and weight, or fitness ability?	n = 4	n = 657
Yes	75.0	64.2
Percentage of private schools	n = 0	n = 96
	0.0	14.6
Percentage of principals or assistant principals as respondents	n = 3	n = 398
	75.0	60.6
Mean number of students:		
K-5 grades	176.0	232.0
6-8 grades	390.0	253.4
9-12 grades	649.5	517.4
Participation Rate	57.1%	76.4%

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Note: Data for this report were collected January 2009 - September 2009

This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing.

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