

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lake Cumberland District Health Department Tobacco Cessation Survey, 2002**

	<u>Lake Cumberland</u>	<u>Kentucky (N=54)*</u>
1. Are you or other health department staff involved in providing tobacco cessation programs?	Yes	54 (100.0%) Yes
2. If "Yes," what programs do you provide?		
a. Fresh Start (American Cancer Society)	No	11 (20.4%) Yes
b. Freedom from Smoking (American Lung Association)	No	1 (1.9%) Yes
c. Cooper-Clayton Method to Stop Smoking	Yes	50 (92.6%) Yes
d. Make Yours a Fresh Start Family (American Cancer Society)	Yes	38 (70.4%) Yes
e. Quit and Win	No	31 (57.4%) Yes
3. If "Yes," how many tobacco cessation programs were offered within the last year? (Entire programs, not individual classes)	20	Mean = 4.7 ( <u>SD</u> = 3.5)
4. If "Yes," how many clients/patients participated in tobacco cessation programs within the last year?	183	Mean = 76.8 ( <u>SD</u> = 82.0)
5. If "Yes," how many clients/patients completed tobacco cessation programs within the last year?	77	Mean = 43.0 ( <u>SD</u> = 65.7)
6. If "Yes," what is the job title of health department staff providing tobacco cessation (Check all that apply)?		
a. Health Educator	Yes	33 (61.1%) Yes
b. Nurse	Yes	37 (68.5%) Yes
c. Social Worker	No	6 (11.1%) Yes
d. Physician	No	4 (7.4%) Yes
7. On average, how many requests for tobacco cessation does your health department receive per month?	20	Mean = 0.02 ( <u>SD</u> = 0.14)

The Kentucky Department for Public Health  
University of Kentucky College of Nursing  
**Lake Cumberland District Health Department Tobacco Cessation Survey, 2002**

	<u>Lake Cumberland</u>	<u>Kentucky (N=54)*</u>
8. According to our records, 1 person in your area participated in the Quit & Win Tobacco-Free Contest. To the best of your knowledge, about how many people involved in your cessation programs also participated in Quit and Win?	Don't Know	Mean = 4.5 ( <u>SD</u> = 11.6)
9. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area?	Yes	38 (70.4%) Yes
10. If "Yes," how many people in your service area are trained to provide Cooper-Clayton programs?	45	Mean = 5.3 ( <u>SD</u> = 8.2)
11. Within the past year, has your health department provided education programs on tobacco cessation for health care providers?	Yes	31 (57.4%) Yes
12. If "Yes", about how many programs did you provide?	4	Mean = 2.6 ( <u>SD</u> = 2.8)
13. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)?	Yes	20 (37.0%) Yes
14. If "Yes," is the tobacco-user identification system used for every patient at every clinic visit?	No	39 (84.8%) Yes
15. What kinds of educational methods are used for tobacco use cessation in your health department?		
a. Formal group classes	Yes	45 (83.3%) Yes
b. Individual counseling	Yes	52 (96.3%) Yes
c. Audio-visual materials	Yes	47 (87.0%) Yes
d. Printed materials	Yes	54 (100.0%) Yes
e. Posters	No	48 (88.9%) Yes
16. Does your clinic have self-help materials for tobacco use cessation available in every exam room?	No	38 (70.4%) Yes

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lake Cumberland District Health Department Tobacco Cessation Survey, 2002**

	<u>Lake Cumberland</u>	<u>Kentucky (N=54)*</u>	
17. Are materials on secondhand smoke available in every exam room?	No	32 (62.8%) Yes	
18. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?	No	47 (87.0%) Yes	
19. Do your health care providers routinely advise patients to ban smoking in the home?	Yes	44 (84.6%) Yes	
20. Do your health care providers routinely advise patients to ban smoking in their cars?	Yes	35 (71.4%) Yes	
21. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment?	Yes	52 (98.1%) Yes	
22. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling)	No	20 (43.5%) Yes	
23. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?			
a. Nicotine Gum	2=	1= Never	13.2%
		2=	32.0%
		3=	35.9%
		4=	9.4%
		5= Very Often	9.4%
b. Nicotine Patch	2=	1= Never	7.6%
		2=	26.4%
		3=	32.1%
		4=	13.2%
		5= Very Often	20.8%
c. Nicotine Nasal Spray	1= Never	1= Never	62.3%
		2=	22.6%
		3=	15.1%
		4=	0.0%
		5= Very Often	0.0%

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lake Cumberland District Health Department Tobacco Cessation Survey, 2002**

	<u>Lake Cumberland</u>	<u>Kentucky (N=54)*</u>	
d. Nicotine Inhaler	1= Never	1= Never	60.4%
		2=	30.2%
		3=	9.4%
		4=	0.0%
		5= Very Often	0.0%
e. Bupropion (Wellbutrin, Zyban)	1= Never	1= Never	34.0%
		2=	26.4%
		3=	22.6%
		4=	13.2%
		5= Very Often	3.8%
f. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure)	1= Never	1= Never	82.7%
		2=	9.6%
		3=	7.7%
		4=	0.0%
		5= Very Often	0.0%
g. Nortriptyline (antidepressant)	1= Never	1= Never	80.1%
		2=	9.8%
		3=	7.8%
		4=	0.0%
		5= Very Often	2.0%
24. We have enough staff to provide tobacco cessation programs.	2= Disagree	1= StronglyDisagree	16.7%
		2= Disagree	29.6%
		3= Agree	37.0%
		4= StronglyAgree	16.7%
25. Our staff are not trained to provide tobacco cessation.	2= Disagree	1= StronglyDisagree	46.3%
		2= Disagree	37.0%
		3= Agree	13.0%
		4= StronglyAgree	3.7%
26. We are too busy to provide tobacco cessation.	1= StronglyDisagree	1= StronglyDisagree	42.6%
		2= Disagree	42.6%
		3= Agree	13.0%
		4= StronglyAgree	1.9%

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
**Lake Cumberland District Health Department Tobacco Cessation Survey, 2002**

	<u>Lake Cumberland</u>	<u>Kenucky (N=54)*</u>	
27. We have few requests for tobacco cessation programs.	2= Disagree	1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree	25.9% 29.6% 35.2% 9.3%
28. Tobacco cessation programs are too expensive.	1= StronglyDisagree	1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree	37.0% 42.6% 18.5% 1.6%
29. Tobacco cessation programs are effective.	3= Agree	1= StronglyDisagree 2= Disagree 3= Agree 4= StronglyAgree	0.0% 1.9% 65.4% 32.7%

**For more information, contact:**  
**Dr. Ellen Hahn, DNS, RN**  
**Associate Professor**  
**University of Kentucky**  
**College of Nursing**  
**(859) 257-2358**  
[ujhahn00@pop.uky.edu](mailto:ejhahn00@pop.uky.edu)