

**KENTUCKY LOCAL HEALTH DEPARTMENT TOBACCO CESSATION SURVEY  
LAKE CUMBERLAND DISTRICT HEALTH DEPARTMENT  
JUNE-AUGUST 2000**

**Do you or other health department staff provide smoking cessation programs?**

Lake Cumberland	Kentucky ( <u>n</u> =54)
No	29(53.7%)

**If "yes," what programs do your health department provide?**

	Lake Cumberland	Kentucky ( <u>n</u> =29)
Fresh Start		15(51.7%)
Freedom from Smoking		1(3.4%)
Cooper-Clayton Method		24(82.8%)
Nicotine Replacement Therapy		7(24.1%)

**If "yes," how many smoking cessation programs were offered within the last year?**

Lake Cumberland	Kentucky ( <u>n</u> =26)
	3.73±2.65, range=0-12

**If "yes," how many clients/patients participated in smoking cessation programs within the last year?**

Lake Cumberland	Kentucky ( <u>n</u> =26)
	33.27±47.23, range=0-227

**If "yes," how many clients/patients completed smoking cessation programs within the last year?**

Lake Cumberland	Kentucky ( <u>n</u> =25)
	18.08±23.93, range=0-105

**If "yes," what is the job title of the health department staff providing smoking cessation?**

	Lake Cumberland	Kentucky ( <u>n</u> =29)
Health Educator		26(89.7%)
Nurse		11(37.9%)
Other		6(20.7%)

**On average, how many requests for smoking cessation does your health department receive per month?**

Lake Cumberland	Kentucky ( <u>n</u> =54)
0	4.63±8.51, range=0-50

**Within the past year, have any 'Cooper-Clayton Method to Stop Smoking' programs been provided in your county?**

Lake Cumberland	Kentucky ( <u>n</u> =54)
No	23(42.6%)

**If "yes," how many people are trained to provide Cooper-Clayton programs?**

Lake Cumberland	Kentucky ( <u>n</u> =21)
	3.10±3.35, range=0-13

**Within the past year, has your health department provided educational programs on smoking cessation for health care providers?**

Lake Cumberland	Kentucky ( <u>n</u> =53)
No	8(15.1%)

**If "yes," about how many programs did you provide?**

Lake Cumberland	Kentucky ( <u>n</u> =6)
	2.33±1.63, range=0-4

**Does your health department use a tobacco-user identification system for every patient at every clinic visit?**

Lake Cumberland	Kentucky ( <u>n</u> =53)
No	44(83.0%)

**What kinds of educational methods are used for tobacco use cessation in your health department?**

	Lake Cumberland	Kentucky (n=54)
Formal group classes		19(35.2%)
Individual counseling		50(92.6%)
Audiovisual materials	✓	25(46.3%)
Printed materials	✓	50(92.6%)
Posters		45(83.3%)
Other		

**Does your clinic have self-help materials for tobacco use cessation available in every exam room?**

Lake Cumberland	Kentucky (n=54)
No	20(37.0%)

**Are materials on secondhand smoke available in every exam room?**

Lake Cumberland	Kentucky (n=54)
No	21(39.0%)

**Do your health care providers routinely:**

	Lake Cumberland	Kentucky
Ask patients about secondhand smoke exposure in their homes?	No	43/53(81.1%)
Advise patients to ban smoking in their homes?	Yes	45/53(84.9%)
Advise patients to ban smoking in their cars?	Yes	35/50(70.0%)

**Do your health care providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco use cessation treatment?**

Lake Cumberland	Kentucky (n=54)
No	41(76.0%)

**Does your employee health plan reimburse for tobacco use cessation treatment?**

Lake Cumberland	Kentucky (n=43)
No	3(7.0%)

**How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? (those that prescribe often or very often)**

	Lake Cumberland	Kentucky
Nicotine Gum		<b>6/50(12%)</b>
Nicotine Patch		<b>11/50(22%)</b>
Nicotine Nasal Spray		<b>0/51(0%)</b>
Nicotine Inhaler		<b>0/51(0%)</b>
Bupropion		<b>8/51(15.7%)</b>
Clonidine		<b>0/51(0%)</b>
Nortriptyline		<b>1/51(2%)</b>

**What are the obstacles to providing smoking cessation services? (those that agree or strongly agree)**

	Lake Cumberland	Kentucky
Not enough staff	✓	<b>25/54(46.3%)</b>
Staff not trained	✓	<b>28/54(51.9%)</b>
Too busy	✓	<b>12/54(22.2%)</b>
Few requests	✓	<b>34/54(63.0%)</b>
Too expensive	✓	<b>24/51(47.1%)</b>
Ineffective	✓	<b>16/53(30.2%)</b>

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