

**KENTUCKY LOCAL HEALTH DEPARTMENT TOBACCO CESSATION SURVEY  
GATEWAY DISTRICT HEALTH DEPARTMENT  
JUNE-AUGUST 2000**

**Do you or other health department staff provide smoking cessation programs?**

| Gateway | Kentucky ( <u>n</u> =54) |
|---------|--------------------------|
| No      | <b>29(53.7%)</b>         |

**If "yes," what programs do your health department provide?**

|                              | Gateway | Kentucky ( <u>n</u> =29) |
|------------------------------|---------|--------------------------|
| Fresh Start                  |         | <b>15(51.7%)</b>         |
| Freedom from Smoking         |         | <b>1(3.4%)</b>           |
| Cooper-Clayton Method        |         | <b>24(82.8%)</b>         |
| Nicotine Replacement Therapy |         | <b>7(24.1%)</b>          |

**If "yes," how many smoking cessation programs were offered within the last year?**

| Gateway | Kentucky ( <u>n</u> =26)     |
|---------|------------------------------|
|         | <b>3.73±2.65, range=0-12</b> |

**If "yes," how many clients/patients participated in smoking cessation programs within the last year?**

| Gateway | Kentucky ( <u>n</u> =26)        |
|---------|---------------------------------|
|         | <b>33.27±47.23, range=0-227</b> |

**If "yes," how many clients/patients completed smoking cessation programs within the last year?**

| Gateway | Kentucky ( <u>n</u> =25)        |
|---------|---------------------------------|
|         | <b>18.08±23.93, range=0-105</b> |

**If "yes," what is the job title of the health department staff providing smoking cessation?**

|                 | Gateway | Kentucky ( <u>n</u> =29) |
|-----------------|---------|--------------------------|
| Health Educator |         | <b>26(89.7%)</b>         |
| Nurse           |         | <b>11(37.9%)</b>         |
| Other           |         | <b>6(20.7%)</b>          |

**On average, how many requests for smoking cessation does your health department receive per month?**

| Gateway | Kentucky (n=54)       |
|---------|-----------------------|
| 6       | 4.63±8.51, range=0-50 |

**Within the past year, have any 'Cooper-Clayton Method to Stop Smoking' programs been provided in your county?**

| Gateway | Kentucky (n=54) |
|---------|-----------------|
| Yes     | 23(42.6%)       |

**If "yes," how many people are trained to provide Cooper-Clayton programs?**

| Gateway | Kentucky (n=21)       |
|---------|-----------------------|
| 1       | 3.10±3.35, range=0-13 |

**Within the past year, has your health department provided educational programs on smoking cessation for health care providers?**

| Gateway | Kentucky (n=53) |
|---------|-----------------|
| No      | 8(15.1%)        |

**If "yes," about how many programs did you provide?**

| Gateway | Kentucky (n=6)       |
|---------|----------------------|
|         | 2.33±1.63, range=0-4 |

**Does your health department use a tobacco-user identification system for every patient at every clinic visit?**

| Gateway | Kentucky (n=53) |
|---------|-----------------|
| Yes     | 44(83.0%)       |

**What kinds of educational methods are used for tobacco use cessation in your health department?**

|                       | Gateway | Kentucky (n=54) |
|-----------------------|---------|-----------------|
| Formal group classes  |         | 19(35.2%)       |
| Individual counseling | ✓       | 50(92.6%)       |
| Audiovisual materials |         | 25(46.3%)       |
| Printed materials     | ✓       | 50(92.6%)       |
| Posters               | ✓       | 45(83.3%)       |
| Other                 |         |                 |

**Does your clinic have self-help materials for tobacco use cessation available in every exam room?**

| Gateway | Kentucky (n=54) |
|---------|-----------------|
| No      | 20(37.0%)       |

**Are materials on secondhand smoke available in every exam room?**

| Gateway | Kentucky (n=54) |
|---------|-----------------|
| No      | 21(39.0%)       |

**Do your health care providers routinely:**

|  | Gateway | Kentucky     |
|--|---------|--------------|
| Ask patients about secondhand smoke exposure in their homes? | Yes     | 43/53(81.1%) |
| Advise patients to ban smoking in their homes?               | Yes     | 45/53(84.9%) |
| Advise patients to ban smoking in their cars?                | No      | 35/50(70.0%) |

**Do your health care providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco use cessation treatment?**

| Gateway | Kentucky (n=54) |
|---------|-----------------|
| Yes     | 41(76.0%)       |

**Does your employee health plan reimburse for tobacco use cessation treatment?**

| Gateway | Kentucky (n=43) |
|---------|-----------------|
| No      | 3(7.0%)         |

**How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? (those that prescribe often or very often)**

|                      | Gateway | Kentucky           |
|----------------------|---------|--------------------|
| Nicotine Gum         |         | <b>6/50(12%)</b>   |
| Nicotine Patch       |         | <b>11/50(22%)</b>  |
| Nicotine Nasal Spray |         | <b>0/51(0%)</b>    |
| Nicotine Inhaler     |         | <b>0/51(0%)</b>    |
| Bupropion            | ✓       | <b>8/51(15.7%)</b> |
| Clonidine            |         | <b>0/51(0%)</b>    |
| Nortriptyline        |         | <b>1/51(2%)</b>    |

**What are the obstacles to providing smoking cessation services? (those that agree or strongly agree)**

|                   | Gateway | Kentucky            |
|-------------------|---------|---------------------|
| Not enough staff  |         | <b>25/54(46.3%)</b> |
| Staff not trained | ✓       | <b>28/54(51.9%)</b> |
| Too busy          |         | <b>12/54(22.2%)</b> |
| Few requests      | ✓       | <b>34/54(63.0%)</b> |
| Too expensive     | ✓       | <b>24/51(47.1%)</b> |
| Ineffective       | ✓       | <b>16/53(30.2%)</b> |

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