

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
 Local Health Department Tobacco Cessation Survey, 2008

		number	Kentucky* %	N		
1A.	Are you or other health department staff involved in providing tobacco cessation programs?	54	96.4%	56		
	What cessation programs do you provide?					
1A1.	Cooper-Clayton Method to Stop Smoking	53	98.1%	54		
	a. How many programs were offered in the last year?	Total = 281	Mean = 5.4	SD = 5.9		
	b. How many individuals participated in the last fiscal year?	Total = 2443	Mean = 48.9	SD = 48		
	c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total = 1069	Mean = 21.4	SD = 34.7		
1A2.	Freedom From Smoking	0	0.0%	54		
	a. How many programs were offered in the last year?	Total =	Mean =	SD =		
	b. How many individuals participated in the last fiscal year?	Total =	Mean =	SD =		
	c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total =	Mean =	SD =		
1A3.	Fresh Start	3	5.6%	54		
	a. How many programs were offered in the last year?	Total = 0	Mean = 0	SD = 0		
	b. How many individuals participated in the last fiscal year?	Total = 0	Mean = 0	SD = 0		
	c. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total = 0	Mean = 0	SD = 0		
1A4.	Make Yours a Fresh Start Family	36	66.7%	54		
	a. How many individuals participated in the last fiscal year?	Total = 3220	Mean = 322	SD = 636.9		
	b. Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total = 223	Mean = 31.9	SD = 33.4		

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1A5.	Not on Tobacco (N.O.T.)		4	7.7%	52
a.	How many programs were offered in the last year?	Total = 3	Mean = 0.8	SD = 1.0	
b.	How many individuals participated in the last fiscal year?	Total = 22	Mean = 5.5	SD = 8	
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total = 17	Mean = 4.3	SD = 5.7	
1A6.	Quit and Win		1	1.9%	53
a.	How many programs were offered in the last year?	Total = 1	Mean = 1	SD = 0	
b.	How many individuals participated in the last fiscal year?	Total = 20	Mean = 20	SD = 0	
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total = 10	Mean = 10	SD = 0	
1A7.	TEG/TAP		34	64.2%	53
a.	How many programs were offered in the last year?	Total = 221	Mean = 7.4	SD = 21	
b.	How many individuals participated in the last fiscal year?	Total = 1152	Mean = 42.7	SD = 69.4	
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total = 119	Mean = 6	SD = 11.4	
1A8.	Other Programs		13	24.5%	53
a.	How many programs were offered in the last year?	Total = 186	Mean = 18.6	SD = 46.4	
b.	How many individuals participated in the last fiscal year?	Total = 4303	Mean = 478.1	SD = 1230	
c.	Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	Total = 77	Mean = 12.8	SD = 15.2	

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1B. What is the job classification of health department staff providing cessation programs?			
1B1. Health Educator	43	76.8%	56
1B2. Nurse	31	55.4%	56
1B3. Social Worker	9	16.1%	56
1B4. Physician	0	0.0%	56
1B5. Program Coordinator/Specialist/Director	20	35.7%	56
1B6. Dietician/Nutritionist	12	21.4%	56
1B7. Other	11	19.6%	56
2. On average, how many requests for tobacco cessation does your health department receive per month?	Total = 1179	Mean = 21.8	SD = 47.9
3. If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton?	Total = 402	Mean = 7.6	SD = 10.4
4. How do you promote tobacco cessation programs in your area?			
4a. Word of Mouth	54	96.4%	56
4b. Flyers/Brochures	52	92.9%	56
4c. Newspaper	54	96.4%	56
4d. Radio	36	64.3%	56
4e. Television	17	30.4%	56
4f. Church or Community Bulletins	33	58.9%	56
4g. Health Fairs/Career Fairs	51	91.1%	56
4h. Website	32	57.1%	56
4i. Billboards/Signs	12	21.4%	56

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4j.	No promotions	1	1.8%	56	
4k.	Other promotions	20	35.7%	56	
5.	Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper and/or television?	Total = \$68,819.00	Mean = \$1,298.50	SD = \$2,571.10	
6.	Within the past year, how have you promoted the Kentucky Quit Line (1-800-QUIT-NOW)?				
6a.	Distributed brochures/fliers	53	94.6%	56	
6b.	Distributed Quit Line prescription pads	44	78.6%	56	
6c.	Paid advertising	12	21.4%	56	
6d.	Earned (unpaid) media	27	48.2%	56	
6e.	Cooper-Clayton or other program	42	75.0%	56	
6f.	Hospitals/Clinic	44	78.6%	56	
6g.	Health Fairs	46	82.1%	56	
6h.	Other	22	39.3%	56	
7.	Within the past year, has your health department provided education programs on tobacco cessation for health care providers?	18	32.1%	56	
7a.	If yes, how many programs were provided	Total = 33	Mean = 1.8	SD = 1.1	
8.	Does your health department have a tobacco user identification system?	47	83.9%	56	
8a.	If yes, is the tobacco user identification system used for every patient at every clinic visit?	46	97.9%	47	

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9. Does your health department provide individual counseling for tobacco users who want to quit?	49	87.5%	56
9a. If yes, is the counseling typically:			
Brief intervention (3-5 minutes)	30	61.2%	49
Intermediate (6-10 minutes)	9	18.4%	49
Intensive (>10 minutes)	10	20.4%	49
Don't know	1	2.0%	49
10. Are all indoor areas, including offices at your health department, smoke free?	56	100.0%	56
11. Are your health care providers aware that Medicaid reimburses for smoking cessation counseling and support programs for pregnant women?	45	80.4%	56
11a. If yes, are you using diagnosis and CPT codes to bill Medicaid for smoking cessation?	28	63.6%	44
12. Does your clinic have self-help materials for tobacco use cessation available in every exam room?	51	91.1%	56
13. Are materials on secondhand smoke available in every exam room?	49	87.5%	56
14. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?	55	98.2%	56
15. Do your health care providers routinely advise patients to ban smoking in the home?	54	96.4%	56
16. Do your health care providers routinely advise patients to ban smoking in their cars?	51	91.1%	56

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17. Do your health care providers routine provide brief cessation interventions using the 5 A's?	46	82.1%	56
18. Do your providers routinely refer tobacco users who want to quit to a counselor or program available?	56	100.0%	56
18a. To what person or program do they refer?			
18a1. Kentucky's Tobacco Quit Line	50	89.3%	56
18a2. Cooper-Clayton Group Program	51	91.1%	56
18a3. Cooper-Clayton Self-Help Program	14	25.0%	56
18a4. Tobacco Control Coordinator or Specialist	49	87.5%	56
18a5. Health Educator	47	83.9%	56
18a6. Community Health Nurse	25	44.6%	56
18a7. Nutritionist	17	30.4%	56
18a8. Health Care Provider/Hospital	22	39.3%	56
18a9. Other	6	10.7%	56
19. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting?	37	66.1%	56
20. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?	43	78.2%	55
20a. If yes, does the plan cover:			
20a1. Nicotine Replacement Therapy (NRT)	41	93.2%	44
20a2. Other medications	31	70.5%	44
20a3. Classes or counseling for cessation	11	25.0%	44

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How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

	1 = Never		2		3		4		5 = Very often		N
	n	%	n	%	n	%	n	%	n	%	
21. Nicotine Gum	30.4	17	26.8	15	26.8	15	8.9	5	7.1	4	56
22. Nicotine Patch	16.1	9	7.1	4	1.8	1	25	14	50	28	56
23. Nicotine Spray	69.6	39	17.9	10	8.9	5	1.8	1.0	1.8	1	56
24. Nicotine Inhaler	66.1	37	25	14	5.4	3	0	0	3.6	2	56
25. Nicotine Lozenges	35.7	20	23.2	13	23.2	13	12.5	7	5.4	3	56
26. Bupropion (Wellbutrin, Zyban)	33.9	19	23.2	13	26.8	15	10.7	6	5.4	3	56
27. Varenicline (Chantix)	23.2	13	14.3	8	17.9	10	23.2	13	21.4	12	56
28. Other Medications	96.3	52	1.9	1.0	1.9	1.0	0	0.0	0	0.0	54

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