Kentucky Department for Public Health
University of Kentucky College of Nursing
School Tobacco Policy Study, 2009

Kentucky

	Kentucky N = 657
1. Does your school have a policy that bans indoor smoking?	n = 657
Yes	98.9
2. Does your school's policy apply to students?	n = 650
Yes	98.6
3. Does your school's policy apply to teachers and staff?	n = 650
Yes	98.2
4. Does your school's policy apply to visitors to your school?	n = 650
Yes	97.4
5. Does your school have a policy that bans smoking on school grounds for students?	n = 657
Yes	93.5
6. If no, where are students permitted to smoke?	n = 18
Anywhere outside on school property	38.9
In a specified area outside on school property	61.1
7. Does your school have a policy that bans smoking on school grounds for employees?	n = 657
Yes	52.7
8. If no, where are employees permitted to smoke?	n = 280
Anywhere outside on school property	17.1
In a specified area outside on school property	82.9
9. Is smoking prohibited at indoor school-related events that occur after school hours?	n = 657
Yes	91.3
10. Is smoking prohibited at outdoor events that occur after school hours?	n = 657
Yes	52.7
11. To what extent do students comply with the existing smoking policies?	n = 656
All of the time	42.7
Most of the time	53.8
Some of the time	3.4
Never	0.2

Note: n=number of people responding to the question

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12. Other than the principal, is anyone assigned to monitor specific problem areas for smoking (such as bathrooms, hallways, etc.)?	n = 657
Yes	86.6
13. How effective is this in curtailing student smoking in your building?	n = 530
Very effective	85.1
Somewhat effective	14.9
Not at all effective	0.0
14. Does your school have alarms in restrooms that signal when someone lights up or is smoking?	n = 657
Yes	11.9
15. If yes, are the alarms:	n = 78
Silent that page a designated person	39.7
Audible	55.1
In all student restrooms	38.5
16. Are there signs posted at your school that say tobacco use is prohibited?	n = 657
Yes	76.3
17. How is the student policy communicated?	n = 657
Student handbook	95.7
Hallway signage	25.7
Classroom signage	4.7
Restroom signage	8.1
Administrative office signage	9.0
Entryway signage	39.6
Orientation	44.0
Assemblies	21.5
Parent meetings	21.2
Not communicated	0.6
Other	11.1

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18. How is the employee policy communicated?	n = 657
Faculty handbook	86.5
Administrative office signage	10.0
Teachers lounge signage	7.8
Entryway signage	25.1
Training/Orientation	43.8
Meetings	22.4
Word of mouth	28.9
Not communicated	1.1
Other	5.8
19. For a first time offense, what action is taken when a student violates the smoking policy?	n = 657
Verbal reprimand	31.8
Written reprimand	24.7
Notification of parents	57.2
Detention hall	19.8
Probation	2.0
In school suspension	31.4
Out of school suspension	11.4
Smoking education class	6.7
Mandatory smoking cessation class	1.7
Voluntary smoking cessation class	1.2
Counseling	4.6
Other	15.5

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20. For a second time offense, what action is taken when a student violates the smoking policy?	n = 657
Verbal reprimand	17.7
Written reprimand	26.8
Notification of parents	51.9
Detention hall	16.1
Probation	2.1
In school suspension	37.1
Out of school suspension	25.1
Smoking education class	6.7
Mandatory smoking cessation class	4.3
Voluntary smoking cessation class	0.8
Counseling	7.5
Other	20.5
21. For 3 or more offenses, what action is taken when a student violates the smoking policy?	n = 657
Verbal reprimand	15.1
Written reprimand	21.5
Notification of parents	43.5
Detention hall	8.2
Probation	3.0
In school suspension	23.9
Out of school suspension	43.4
Smoking education class	5.6
Mandatory smoking cessation class	4.3
Voluntary smoking cessation class	1.5
Counseling	9.0
Other	27.4

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22. For a first time offense, what action is taken when an employee violates the smoking policy?	n = 657
Verbal reprimand	71.1
Written reprimand	16.1
Suspension from work	1.1
Smoking education class	0.0
Mandatory smoking cessation program	0.0
Other	13.2
23. For a second time offense, what action is taken when an employee violates the smoking policy?	n = 657
Verbal reprimand	25.0
Written reprimand	56.2
Suspension from work	7.5
Smoking education class	2.6
Mandatory smoking cessation program	0.8
Other	19.0
24. For 3 or more offenses, what action is taken when an employee violates the smoking policy?	n = 657
Verbal reprimand	14.8
Written reprimand	26.3
Suspension from work	25.7
Smoking education class	3.2
Mandatory smoking cessation program	1.4
Other	36.1
25. Does your school have a policy that bans smokeless tobacco use?	n = 657
Yes	95.6
26. If yes, does your policy apply to students?	n = 628
Yes	98.7
27. If yes, does your policy apply to teachers and staff?	n = 628
Yes	95.5

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28. If yes, does your policy apply to visitors to your school?	n = 628
Yes	92.4
29. If yes, where is smokeless tobacco use prohibited?	n = 628
Indoors	91.7
Outdoors on school grounds	63.9
30. Do you provide direct smoking cessation services to students and/or employees at your school?	n = 657
Yes	33.0
31. If yes, what resources are available at your school?	n = 217
Cooper/Clayton Method to Stop Smoking	26.7
TEG (Tobacco Education)	35.9
TAP (Tobacco Cessation)	32.3
N.O.T. (Not on Tobacco cessation program)	1.4
N.O.T. (Alternative to Suspension)	1.4
Health Department cessation classes or individual counseling	41.0
Referral to School Guidance Counselor for cessation	20.3
Referral to outside counseling for cessation other than Health Dept.	8.3
Other (other than health department)	22.1
32. How often are the smoking cessation classes offered at your school?	n = 206
Once a year	5.8
Once every school semester or session	5.3
Every 12 weeks	1.5
Other	7.8
Once a month	1.9
As needed	77.7

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33. What tobacco prevention/advocacy programs are the youth at your school involved in?	n = 657
TATU (Teens Against Tobacco Use)	8.8
START (Students Teaching Awareness Regarding Tobacco)	0.6
SQUADS (Study, Question, Understand, Act, Debrief, Success)	0.5
Champions for a Drug-free Kentucky	14.0
SADD (Students Against Destructive Decisions)	10.5
Other	23.6
None	50.8
34. Is tobacco advertising prohibited at school or in school publications?	n = 657
Yes	91.6
35. Does your school dress code prohibit wearing something that has a tobacco company name or picture on it?	n = 657
Yes	90.3
36. Are there any tobacco advertisements within 1,000 feet of your school?	n = 657
Yes	13.4
37. Does your school do any fundraising involving bingo halls that allow smoking?	n = 657
Yes	6.1
38. Are youth allowed to work in the bingo halls that allow smoking?	n = 40
Yes	32.5
39. How often do school safety officers or local law enforcement officers enforce tobacco use and possession laws in or around your school when students are found smoking?	n = 644
Often	10.9
Sometimes	13.7
Rarely	18.2
Never	30.4
We don't have officers at our school	26.9

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	Kentucky N = 657
40. What happens to youth cited by an officer for possession or use of tobacco at or around your school?	n = 288
Tobacco is confiscated	72.9
Referred to a tobacco education program (TEG, N.O.T. Alternative to Suspension)	14.9
Community service is required	3.1
Parents contacted	43.1
Referred to principal's office/authorities	55.6
Referred to local court designated worker	7.6
Other	10.8
41. Does the school or school district own, lease, or borrow land used to grow tobacco?	n = 657
Yes	3.2
42. If yes, do students participate in tobacco production?	n = 21
Yes	57.1
43. If yes, for what purposes do students participate in tobacco production?	n = 12
Fundraising for school activities	16.7
Agriculture education	83.3
Other	0.0
44. Does your school or school district receive money from tobacco companies for any purpose?	n = 657
Yes	0.6
45. Are you contemplating changes in your smoking policy?	n = 657
Yes	9.1
46. How interested are you in receiving assistance on changing your smoking policies?	n = 651
Very interested	4.0
Interested	15.8
Not interested	80.2
47. Would you be interested in receiving information pertaining to tobacco education, statistics or trends?	n = 657
Yes	69.9

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	Kentucky N = 657
Prevention Curricula	
48. Does your school teach the Life Skills Training Program?	n = 657
Yes	26.0
49. If yes, in what grade levels is it taught?	n = 171
K	7.6
1st	7.6
2nd	7.6
3rd	9.4
4th	18.1
5th	20.5
6th	48.0
7th	50.3
8th	43.9
9th	33.9
10th	29.2
11th	26.9
12th	27.5
50. If yes, do all children in the grade level receive the curriculum?	n = 171
Yes	82.5
51. Does your school teach Project ALERT?	n = 657
Yes	5.5
52. If yes, in what grade levels is it taught?	n = 36
K	5.6
1st	5.6
2nd	5.6
3rd	5.6
4th	11.1

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	Kentucky N = 657
5th	11.1
6th	55.6
7th	58.3
8th	50.0
9th	5.6
10th	2.8
11th	2.8
12th	2.8
53. If yes, do all children in the grade level receive the curriculum?	n = 36
Yes	75.0
54. Does your school teach the new version of DARE?	n = 657
Yes	24.0
55. If yes, in what grade levels is it taught?	n = 158
K	4.4
1st	5.7
2nd	6.3
3rd	7.6
4th	10.8
5th	50.0
6th	39.2
7th	13.3
8th	11.4
9th	10.1
10th	9.5
11th	8.2
12th	8.2

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	Kentucky N = 657
56. If yes, do all children in the grade level receive the curriculum?	n = 158
Yes	88.0
57. Does your school teach Kentucky Adolescent Tobacco Prevention Program?	n = 657
Yes	1.7
58. If yes, in what grade levels is it taught?	n = 11
K	0.0
1st	0.0
2nd	0.0
3rd	0.0
4th	0.0
5th	0.0
6th	27.3
7th	45.5
8th	36.4
9th	36.4
10th	9.1
11th	0.0
12th	0.0
59. If yes, do all children in the grade level receive the curriculum?	n = 11
Yes	81.8
60. Does your school teach Project Toward No Tobacco Use (TNT)?	n = 657
Yes	2.0
61. If yes, in what grade levels is it taught?	n = 13
K	0.0
1st	0.0
2nd	0.0

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3rd	0.0
4th	0.0
5th	23.1
6th	30.8
7th	30.8
8th	30.8
9th	38.5
10th	38.5
11th	30.8
12th	30.8
62. If yes, do all children in the grade level receive the curriculum?	n = 13
Yes	92.3
63. Does your school have a Wellness Policy in place?	n = 657
Yes	65.1
64. Does your school have a Wellness Committee?	n = 657
Yes	47.9
65. What measures are you taking to monitor the implementation of your wellness policies?	n = 657
Wellness policy is included in our Comprehensive District Improvement Plan (CIPD)	32.4
Wellness policy is included in our Comprehensive School Improvement Plan (CSIP)	26.8
Nutrition and physical activity environments are evaluated annually	34.9
The School Health Index (SHI) is utilized	19.6
Other	17.7
66. Teachers/staff are provided opportunities for physical activity during the day.	n = 657
Yes	48.1

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67. Teachers/staff are offered activity/fitness programs that are free or low cost.	n = 657
Yes	54.0
68. Teachers/staff are offered stress management programs by the school.	n = 657
Yes	17.7
69. Health screenings offered to teachers/staff are free or low cost.	n = 657
Yes	52.5
70. Teachers/staff are offered weight management or nutrition education programs that are free or low cost.	n = 657
Yes	35.0
71. Are students allowed to use your school's indoor and outdoor physical activity facilities, free of cost, outside of school hours? (Outside of school hours means after school, evenings, weekends and school vacations)	n = 644
Yes, both indoor and outdoor	52.5
Yes, but indoor only	2.8
Yes, but outdoor only	22.8
No	21.9
72. Is the public allowed to use your school's indoor and outdoor physical activity facilities, free of cost, outside of school hours? (Outside of school hours means after school, evenings, weekends and school vacations)	n = 642
Yes, both indoor and outdoor	31.8
Yes, but indoor only	2.3
Yes, but outdoor only	28.5
No	37.4
73. Does your school or school district have an exclusive contract or a pouring rights contract with a soft drink vendor that allows only that vendor to place vending machines in the school?	n = 657
Yes	71.1
74. Does your school or school district have a policy that prohibits OR limits junk foods?	n = 657
In vending machines	80.8
At student/classroom parties	53.0
At staff meetings	17.5

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At after school events	21.3
As reward for good behavior	46.7
As reward for academic performance	46.0
At concession stands	16.9
As fundraisers	32.1
75. How often do fundraising efforts at your school include the sale of junk food?	n = 650
Often	18.0
Rarely	55.5
Never	20.6
Policy prohibits fundraising with junk foods	5.8
76. Does your physical activity (PA) or physical education (PE) program meet or exceed minimum state requirements for graduation?	n = 641
Meets the minimum state requirement for graduation	85.6
Exceeds the state requirement	14.4
77. Does your school collect indicators of student health such as BMI, height and weight, or fitness ability?	n = 657
Yes	64.2
Percentage of private schools	n = 96
	14.6
Percentage of principals or assistant principals as respondents	n = 398
	60.6
Mean number of students:	
K-5 grades	232.0
6-8 grades	253.4
9-12 grades	517.4
Participation Rate	76.4%

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Note: Data for this report were collected January 2009 - September 2009

This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing.

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