

E-Cigarettes

3 strikes. You're out.



1 IN YOUR BRAIN

You think e-cigs help you quit real cigarettes. There's no evidence of this.

2 IN THE VAPOR

ACETONE AND XYLENE. Nail polish remover and paint thinner? You're going to breathe that? Really? And what about the friends next to you?

3 IN THE CARTRIDGE

NITROSAMINES. Known carcinogens. That means it causes cancer.

FORMALDEHYDE. Highly toxic to all animals, including you. Good for embalming dead bodies. Causes cancer.

Tobacco-Free UK:
A Healthy Place to Live, Work and Learn