

**The Kentucky Department for Public Health
University of Kentucky College of Nursing
Local Health Department Tobacco Cessation Survey, 2006**

Cumberland Valley

*Data collected from Bell, Clay, Harlan, Jackson, and
Rockcastle Counties and summarized for the district.*

*Report prepared through a contract between the Kentucky Cabinet for Health
and Family Services and the University of Kentucky College of Nursing*

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	Cumberland Valley	Kentucky*		
		number	%	N
1A. Are you or other health department staff involved in providing tobacco cessation programs?	Yes	56	100.0%	56
What cessation programs do you provide?				
1) Cooper Clayton Method to Stop Smoking	Yes	54	96.4%	56
How many programs were offered in the last fiscal year?	13	Total = 339	Mean = 6.3	SD = 6.6
How many individuals participated within the last fiscal year?	79	Total = 3804	Mean = 73.2	SD = 88.3
Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	39	Total = 1655	Mean = 32.5	SD = 46.7
2) Freedom From Smoking	No	2	3.6%	56
How many programs were offered in the last fiscal year?		Total = 0	Mean = 0.0	SD = 0.0
How many individuals participated within the last fiscal year?		Total = 0	Mean = 0.0	SD = 0.0
Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total = 0	Mean = 0.0	SD = 0.0
3) Fresh Start	No	2	3.6%	55
How many programs were offered in the last fiscal year?		Total = 7	Mean = 3.5	SD = 2.1
How many individuals participated within the last fiscal year?		Total = 10	Mean = 10.0	SD = 0.0
Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total = 5	Mean = 5.0	SD = 0.0

*number represents the number of counties / districts that answered "Yes" to the question;
N represents the number of counties / districts that responded to the question

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			number	%	N
4) Make Yours a Fresh Start Family	Yes		44	80.0%	55
How many individuals participated within the last fiscal year?	2500	Total =	18273	Mean = 913.7	SD = 2204.5
Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	100	Total =	260	Mean = 18.6	SD = 26.2
5) N.O.T. ON TOBACCO	No		5	8.9%	56
How many programs were offered in the last fiscal year?		Total =	11	Mean = 3.7	SD = 2.9
How many individuals participated within the last fiscal year?		Total =	88	Mean = 44.0	SD = 25.5
Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total =	54	Mean = 27.0	SD = 29.7
6) Quit and Win	No		4	7.1%	56
How many programs were offered in the last fiscal year?		Total =	22	Mean = 7.3	SD = 7.1
How many individuals participated within the last fiscal year?		Total =	115	Mean = 38.3	SD = 28.1
Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?		Total =	38	Mean = 12.7	SD = 8.4
7) TEG / TAP	Yes		36	64.3%	56
How many programs were offered in the last fiscal year?	9	Total =	130	Mean = 4.2	SD = 5.7
How many individuals participated within the last fiscal year?	20	Total =	996	Mean = 33.2	SD = 51.2
Within the last fiscal year, how many individuals quit using tobacco at the completion of the program?	10	Total =	115	Mean = 4.4	SD = 8.1

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		number	%	N
1B. What is the job classification of health department staff providing cessation programs?				
1) Health Educator	Yes	45	80.4%	56
2) Nurse	Yes	45	80.4%	56
3) Social Worker	Yes	8	14.3%	56
4) Physician	Yes	4	7.1%	56
5) Other	Yes	28	50.0%	56
2. On average, how many requests for tobacco cessation does your health department receive per month?	112	Total = 856	Mean = 15.6	SD = 23.1
3. If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton?	11	Total = 463	Mean = 8.6	SD = 14.9
4. How do you promote the tobacco cessation programs in your area?				
1) Word of mouth	Yes	55	98.2%	56
2) Flyers / Brochures	Yes	55	98.2%	56
3) Newspaper	Yes	50	89.3%	56
4) Radio	Yes	38	67.9%	56
5) Television	No	18	32.1%	56
6) Church or Community Bulletins	Yes	36	64.3%	56
7) Billboards	No	8	21.0%	38
8) Website	No	8	21.0%	38

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		number	%	N
9) No promotions	No	3	5.4%	56
10) Other	Yes	38	70.4%	54
5. Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper, or television?	\$5,400.00	Total = \$61,138.00 Mean = \$1,132.19 SD = \$1,996.64		
6. Within the past year has your health department provided education programs on tobacco cessation for health care providers?	Yes	18	32.1%	56
A) If yes, how many programs were provided?	2	Total = 36 Mean = 2.1 SD = 1.7		
7. Does your health department have a tobacco user identification system	Yes	49	87.5%	56
A) If yes, is the tobacco user identification system used for every patient at every clinic visit?	Yes	46	93.9%	49
8. Does your health department provide individual counseling for tobacco users who want to quit?	Yes	48	85.7%	56
9. Are all indoor areas, including offices at your health department smoke free?	Yes	56	100.0%	56
10. Are your health care providers aware that Medicaid reimburses smoking cessation counseling and support programs for pregnant women?	Yes	37	71.1%	52
A) If yes, are you using diagnosis and CPT codes to bill Medicaid for smoking cessation?	Yes	18	62.1%	29

	Cumberland Valley	number	Kentucky* %	N
11. Does your clinic have self-help materials for tobacco use cessation available in every exam room?	Yes	50	89.3%	56
12. Are materials on secondhand smoke available in every exam room?	Yes	43	76.8%	56
13. Do your health care providers routinely ask patients about secondhand smoke exposure in the home?	Yes	50	89.3%	56
14. Do your health care providers routinely advise patients to ban smoking in the home?	Yes	45	80.4%	56
15. Do your health care providers routinely advise patients to ban smoking in the cars?	Yes	34	63.0%	54
16. Do your health care providers routinely provide brief cessation interventions using the 5 A's?	Yes	44	78.6%	56
17. Do your providers routinely refer tobacco users who want to quit to a counselor or program available in the community for tobacco use cessation treatment?	Yes	56	100.0%	56
A) To what person or program do they refer?				
A1) Kentucky's Tobacco Quit Line	Yes	47	83.9%	56
A2) Cooper Clayton Group Program	Yes	53	94.6%	56
A3) Cooper Clayton Self-Help Program	Yes	21	37.5%	56
A4) Tobacco Control Coordinator	Yes	52	92.9%	56

	Cumberland Valley	number	Kentucky* %	N
A5) Health Educator	Yes	44	78.6%	56
A6) Community Health Nurse	Yes	31	56.4%	55
A7) Nutritionist	Yes	26	46.4%	56
A8) Health Care Provider / Hospital	Yes	11	19.6%	56
A9) Other	No	7	12.5%	56
18. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting?	Yes	30	53.6%	56
19. Does your employee health plan at your health department reimburse for tobacco use cessation treatment?	Yes	47	87.0%	54
A) If yes, does the plan cover:				
A1) Nicotine Replacement Therapy (NRT)?	Yes	45	95.7%	47
A2) Other medications?	Yes	13	27.7%	47
A3) Classes or counseling for cessation?	Yes	14	29.8%	47

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How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

		1 = Never		2		3		4		5 = Very often		<i>N</i>
		n	%	n	%	n	%	n	%	n	%	
20. Nicotine Gum	5	16	28.6	13	23.2	18	32.1	0	0.0	9	16.1	56
21. Nicotine Patch	5	12	21.4	2	3.6	13	23.2	1	1.8	28	50.0	56
22. Nicotine Nasal Spray	3	39	69.6	11	19.6	5	8.9	1	1.8	0	0.0	56
23. Nicotine Inhaler	3	38	67.9	9	16.1	7	12.5	1	1.8	1	1.8	56
24. Nicotine Lozenges	5	21	37.5	7	12.5	17	30.4	2	3.6	9	16.1	56
25. Bupropion (Wellbutrin, Zyban)	5	28	50.0	10	17.9	8	14.3	3	5.4	7	12.5	56
26. Clonidine	3	47	83.9	5	8.9	4	7.1	0	0.0	0	0.0	56
27. Nortriptyline	3	49	87.5	3	5.4	4	7.1	0	0.0	0	0.0	56
28. Other Medications	1	50	90.9	3	5.5	1	1.8	0	0.0	1	1.8	55