

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Barren River Workplace Tobacco Policy Study, 2006

	<u>Barren River</u>	<u>Kentucky</u>
<u>Demographic Information</u>		
1. How many employees do you have?	n= 81 Mean= 267	n= 711 Mean= 249
2. About what percentage of your employees are male?	n= 80 62.0%	n= 692 66.9%
3. About what percentage of your employees are female?	n= 80 35.5%	n= 688 32.6%
4. About what percentage of your employees are under 18 years of age?	n= 77 0.0%	n= 618 0.1%
5. About what percentage of your employees are	n= 70	n= 596
a. Caucasian	81.1%	84.5%
b. African American	11.3%	10.5%
c. Hispanic	8.6%	7.9%
d. Asian	2.2%	2.1%
e. Other	2.0%	4.5%
<u>Smoking Policy/Environment</u>		
6. Does your company have a written smoking policy?	n= 81	n= 705
Yes	72 88.9%	580 82.3%
7. [For those companies without a written policy] Does your company have a smoking policy that is not in writing?	n= 8	n= 121
Yes	5 62.5%	95 78.5%

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8. How is the company policy communicated? (Fill in all that apply)	n= 77		n= 675	
a. Employee handbook	57	74.0%	484	71.7%
b. Hallways	23	29.9%	194	28.7%
c. Offices	5	6.5%	117	17.3%
d. Restrooms	4	5.2%	102	15.1%
e. Administrative offices	4	5.2%	83	12.3%
f. Not communicated	0	0.0%	6	0.9%
g. At time of hire/orientation	22	28.6%	132	19.6%
h. Signs/bulletin boards	9	11.7%	78	11.6%
i. Electronic/newsletter	5	6.5%	43	6.4%
j. Other	9	11.7%	63	9.3%
9. Are employees permitted to smoke inside your company?	n= 81		n= 713	
Yes	34	42.0%	271	38.0%
10. [For companies allowing indoor smoking] Is indoor smoking restricted to specified indoor areas?	n= 34		n= 265	
Yes	29	85.3%	239	90.2%
11. [For companies allowing indoor smoking] Does the policy, written or unwritten, specify which indoor areas are smoking areas?	n= 34		n= 262	
Yes	30	88.2%	202	77.1%
No	2	5.9%	30	11.5%
Does not have a policy, written or unwritten	2	5.9%	30	11.5%
12. [For companies allowing indoor smoking] Are indoor smoking areas separately enclosed and ventilated?	n= 34		n= 263	
All	16	47.1%	115	43.7%
Some	2	5.9%	34	12.9%
None	16	47.1%	101	38.4%
I don't know	0	0.0%	13	4.9%

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13. [For companies allowing indoor smoking] Does the smoking policy specify which indoor areas are separately ventilated for smoking?	<u>n</u> = 34	<u>n</u> = 255
Yes	9 26.5%	94 36.9%
No	21 61.8%	125 49.0%
Does not have a policy, written or unwritten	4 11.8%	36 14.1%
14. [For companies allowing indoor smoking] Where is indoor smoking permitted? (Fill in all that apply)	<u>n</u> = 34	<u>n</u> = 271
a. Cafeteria	7 20.6%	54 19.9%
b. Break rooms	20 58.8%	136 50.2%
c. Personal offices	4 11.8%	24 8.9%
d. Conference rooms	4 11.8%	16 5.9%
e. Bathrooms	3 8.8%	28 10.3%
f. Work area/plant floor	8 23.5%	59 21.8%
g. Smoking rooms	4 11.8%	30 11.1%
h. Other	4 11.8%	52 19.2%
15. Are employees permitted to smoke outside your company?	<u>n</u> = 81	<u>n</u> = 710
Yes	78 96.3%	677 95.4%
16. [For those allowing outdoor smoking] Where is outdoor smoking permitted?	<u>n</u> = 78	<u>n</u> = 657
a. Anywhere outside	24 30.8%	202 30.7%
b. Designated areas outside	53 67.9%	440 67.0%
c. Other	1 1.3%	15 2.3%
17. [For those allowing outdoor smoking] Does the smoking policy, written or unwritten, specify which outdoor areas are smoking areas?	<u>n</u> = 78	<u>n</u> = 656
Yes	46 59.0%	367 55.9%
No	27 34.6%	245 37.3%
Does not have a policy, written or unwritten	5 6.4%	44 6.7%

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18. [For those allowing outdoor smoking] Are outdoor smoking areas enclosed? No	n= 78 65 83.3%	n= 653 547 83.8%
19. Is smoking permitted during work hours? Yes	n= 81 69 85.2%	n= 710 625 88.0%
20. [For those permitting smoking during work hours] Does the smoking policy, written or unwritten, specify when smoking is permitted?	n= 68	n= 594
Yes	46 67.6%	358 60.3%
No	16 23.5%	195 32.8%
Does not have a policy, written or unwritten	6 8.8%	41 6.9%
21. [For those permitting smoking during work hours] When is smoking permitted? (Fill in all that apply)	n= 69	n= 625
a. Any time	13 18.8%	122 19.5%
b. Before work	54 78.3%	294 47.0%
c. Break time	62 89.9%	512 81.9%
d. Lunch time	59 85.5%	444 71.0%
e. After work	56 81.2%	286 45.8%
f. During meetings	3 4.3%	7 1.1%
g. After work functions	8 11.6%	45 7.2%
h. Other times	0 0.0%	11 1.8%
22. Are No Smoking signs posted at your company? Yes	n= 81 65 80.2%	n= 711 598 84.1%
23. Do employees smoke in company vehicles?	n= 81	n= 703
Yes	24 29.6%	212 30.2%
No	40 49.4%	355 50.5%
Does not have company vehicles	17 21.0%	136 19.3%

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24. Does the smoking policy, written or unwritten, specify if smoking is permitted or not in company vehicles?	<u>n</u> = 62		<u>n</u> = 554	
Yes	25	40.3%	222	40.1%
No	27	43.5%	263	47.5%
Does not have a policy, written or unwritten	10	16.1%	69	12.5%

Smoking Policy Compliance/Enforcement

25. To what extent do employees comply with the existing smoking policy?	<u>n</u> = 81		<u>n</u> = 709	
a. All of the time	38	46.9%	412	58.1%
b. Some of the time	4	4.9%	47	6.6%
c. Most of the time	33	40.7%	219	30.9%
d. Never	0	0.0%	1	0.1%
e. Does not have a policy, written or unwritten	6	7.4%	30	4.2%
26. Who enforces the smoking policy for employees? (Fill in all that apply)	<u>n</u> = 81		<u>n</u> = 717	
a. Immediate Supervisor	64	79.0%	556	77.5%
b. Manager	58	71.6%	415	57.9%
c. Security	12	14.8%	66	9.2%
d. Peers	7	8.6%	94	13.1%
e. Others	27	33.3%	125	17.4%
f. Does not have a policy, written or unwritten	5	6.2%	23	3.2%
27. For a first time offense, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	<u>n</u> = 81		<u>n</u> = 717	
a. Verbal reprimand	58	71.6%	494	68.9%
b. Written reprimand	6	7.4%	128	17.9%
c. Participation in smoking cessation or education program	0	0.0%	0	0.0%
d. Other	13	16.0%	96	13.4%
e. Does not have a policy, written or unwritten	6	7.4%	42	5.9%

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28. For a second time offense, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	<u>n</u> = 81		<u>n</u> = 717	
a. Verbal reprimand	14	17.3%	95	13.2%
b. Written reprimand	49	60.5%	441	61.5%
c. Day off without pay	2	2.5%	30	4.2%
d. Participation in smoking cessation or education program	0	0.0%	2	0.3%
e. Other	14	17.3%	127	17.7%
f. Does not have a policy, written or unwritten	6	7.4%	47	6.6%
29. For 3 or more offenses, what action is taken when an employee violates the smoking policy? (Fill in all that apply)	<u>n</u> = 81		<u>n</u> = 717	
a. Verbal reprimand	2	2.5%	14	2.0%
b. Written reprimand	19	23.5%	157	21.9%
c. Day off without pay	3	3.7%	60	8.4%
d. Participation in smoking cessation or education program	0	0.0%	0	0.0%
e. Mandatory smoking cessation program	0	0.0%	0	0.0%
f. Suspension from work	23	28.4%	200	27.9%
g. Termination	27	33.3%	164	22.9%
h. Never happens	0	0.0%	37	5.2%
i. Other	15	18.5%	97	13.5%
h. Does not have a policy, written or unwritten	6	7.4%	48	6.7%
30. Who do the employees contact if they have complaints about people violating smoking restrictions? (Fill in all that apply)	<u>n</u> = 81		<u>n</u> = 708	
a. Immediate supervisor	67	82.7%	547	77.3%
b. Health and safety personnel	17	21.0%	141	19.9%
c. Risk manager	10	12.3%	56	7.9%
d. Human Resources/Manager	27	33.3%	205	29.0%
e. Other	3	3.7%	32	4.5%

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<u>Smoking Cessation</u>				
31. Does your company provide resources to employees who want to quit using tobacco products?	n= 76		n= 707	
Yes	51	67.1%	406	57.4%
32. What resources are available? (Fill in all that apply)	n= 51		n= 406	
a. Cooper-Clayton Method to Stop Smoking	9	17.6%	94	23.2%
b. Fresh Start (American Cancer Society)	1	2.0%	10	2.5%
c. Freedom from Smoking (American Lung Association)	0	0.0%	5	1.2%
d. Make Yours a Fresh Start Family (American Cancer Society)	0	0.0%	0	0.0%
e. Employee Assistance Program	29	56.9%	201	49.5%
f. Telephone Quit Line	5	9.8%	39	9.6%
g. Self-Help Booklets/Posters	11	21.6%	71	17.5%
h. Counselor	1	2.0%	35	8.6%
i. Computer/On-Line help	3	5.9%	13	3.2%
j. Doctor/Other Health Care Professional	4	7.8%	68	16.7%
k. Insurance	3	5.9%	47	11.6%
l. Other classes	3	5.9%	22	5.4%
m. Reimbursement/Incentives	3	5.9%	22	5.4%
n. Other	7	13.7%	62	15.3%

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33. Who provides the smoking cessation services? (Fill in all that apply)	<u>n</u> = 51	<u>n</u> = 401
a. Company Nurse	5 9.8%	29 7.2%
b. Community resource person	14 27.5%	104 25.9%
c. Employee Assistance Program	19 37.3%	51 12.7%
d. Insurance Company Program	4 7.8%	48 12.0%
e. Hospital/Health Department	4 7.8%	37 9.2%
f. Physicians/Other Health Care Professionals	0 0.0%	16 4.0%
g. Human Resources	2 3.9%	38 9.5%
h. Other	3 5.9%	69 17.2%

Availability of Tobacco Onsite

34. Are cigarettes sold on company property?	<u>n</u> = 81	<u>n</u> = 714
Yes	2 2.5%	20 2.8%
35. If "Yes", how are cigarettes sold? (Fill in all that apply)	<u>n</u> = 2	<u>n</u> = 20
a. Company store	0 0.0%	1 5.0%
b. Vending machines	0 0.0%	16 80.0%
c. Other	0 0.0%	0 0.0%

Perceptions of Policy/Interest in Assistance

36. Does your smoking policy mention anything about the consequences of tobacco, secondhand smoke or about protecting the health of others?	<u>n</u> = 81	<u>n</u> = 706
Yes	14 17.3%	143 20.3%
No	61 75.3%	502 71.1%
Does not have a policy, written or unwritten	6 7.4%	61 8.6%

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37. How satisfied are you with your current smoking policy?	<u>n</u> = 81		<u>n</u> = 714	
a. Very satisfied	31	38.3%	343	48.0%
b. Somewhat satisfied	23	28.4%	170	23.8%
c. Satisfied	16	19.8%	133	18.6%
d. Not satisfied	8	9.9%	43	6.0%
e. Does not have a policy, written or unwritten	3	3.7%	25	3.5%
38. Are you contemplating changes in your smoking policy?	<u>n</u> = 81		<u>n</u> = 708	
No	66	81.5%	593	83.8%
39. How interested are you in receiving assistance on changing your smoking policy?	<u>n</u> = 80		<u>n</u> = 706	
a. Very interested	10	12.5%	66	9.3%
b. Somewhat interested	4	5.0%	106	15.0%
c. Not interested	66	82.5%	534	75.6%
40. How interested are you in receiving assistance on effective smoking cessation programs?	<u>n</u> = 81		<u>n</u> = 707	
a. Very interested	14	17.3%	195	27.6%
b. Somewhat interested	12	14.8%	203	28.7%
c. Not interested	55	67.9%	309	43.7%

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<u>Spit Tobacco Policy</u>				
41. Which of the following best describes your company's official policy on spit (smokeless) tobacco for indoor common areas such as lobbies, rest rooms, and lunch rooms?	<u>n</u> = 81		<u>n</u> = 711	
a. Not allowed in common areas	40	49.4%	354	49.8%
b. Allowed in some common areas	13	16.0%	103	14.5%
c. Allowed in all common areas	3	3.7%	53	7.5%
d. Other	1	1.2%	28	3.9%
e. No official policy	24	29.6%	173	24.3%
42. Which of the following best describes your company's official policy on spit (smokeless) tobacco for work areas?	<u>n</u> = 81		<u>n</u> = 709	
a. Not allowed in work areas	50	61.7%	386	54.4%
b. Allowed in some work areas	3	3.7%	72	10.2%
c. Allowed in all work areas	4	4.9%	51	7.2%
d. Other	0	0.0%	17	2.4%
e. No official policy	24	29.6%	183	25.8%
43. If your company has an official spit tobacco policy, how often is it enforced?	<u>n</u> = 81		<u>n</u> = 692	
a. Always enforced	37	45.7%	368	53.2%
b. Sometimes enforced	16	19.8%	68	9.8%
c. Never enforced	0	0.0%	14	2.0%
d. Other	0	0.0%	9	1.3%
e. Does not have a policy, written or unwritten	28	34.6%	233	33.7%

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44. Would you send us a copy of your spit tobacco and/or smoking policy if you have them?	n= 80		n= 693	
Yes	37	46.3%	267	38.5%
No	31	38.8%	213	30.7%
Does not have written policies	12	15.0%	213	30.7%

Company Support/Community Involvement

45. Does your company have an employee wellness or health promotion program (e.g. health education services, activities, classes, workshops, lectures, individual counseling or wellness information)?	n= 80		n= 710	
Yes	39	48.8%	375	52.8%
No	39	48.8%	314	44.2%
Don't Know	2	2.5%	21	3.0%
46. Does your company health insurance plans cover all or part of the cost of the following?	n= 81		n= 717	
a. Pharmaco-therapies for smoking cessation (e.g. Wellbutrin, Zyban, patches/gum, etc.)	39	48.1%	312	43.5%
b. Behavioral counseling or classes for smoking cessation	21	25.9%	199	27.8%
47. Does your company have community outreach or funding programs for community projects?	n= 81		n= 704	
Yes	53	65.4%	380	54.0%

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<u>Miscellaneous</u>		
48. Does the manufacture of your products involve flammable materials?	<u>n</u> = 81	<u>n</u> = 709
Yes	59 72.8%	471 66.4%
49. Do your employees belong to a union?	<u>n</u> = 81	<u>n</u> = 709
Yes	10 12.3%	140 19.7%
Manufacturing Facility Participation Rate	88.2%	71.0%

Note: Data for this report were collected January 2006 - August 2006 in manufacturing facilities with 50 or more employees.

*This report was prepared through a contract between the Kentucky Cabinet
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