

**The Kentucky Department for Public Health
University of Kentucky College of Nursing
Local Health Department Tobacco Cessation Survey, 2006**

**Ashland/Boyd District Health
Department**

*Report prepared through a contract between the Kentucky Cabinet for Health
and Family Services and the University of Kentucky College of Nursing*

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| | Ashland/Boyd District Health Department | Kentucky* | | |
|--|--|--------------|-------------|-----------|
| | | number | % | N |
| 1A. Are you or other health department staff involved in providing tobacco cessation programs? | Yes | 56 | 100.0% | 56 |
| What cessation programs do you provide? | | | | |
| 1) Cooper Clayton Method to Stop Smoking | No | 54 | 96.4% | 56 |
| How many programs were offered in the last fiscal year? | | Total = 339 | Mean = 6.3 | SD = 6.6 |
| How many individuals participated within the last fiscal year? | | Total = 3804 | Mean = 73.2 | SD = 88.3 |
| Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = 1655 | Mean = 32.5 | SD = 46.7 |
| 2) Freedom From Smoking | No | 2 | 3.6% | 56 |
| How many programs were offered in the last fiscal year? | | Total = 0 | Mean = 0.0 | SD = 0.0 |
| How many individuals participated within the last fiscal year? | | Total = 0 | Mean = 0.0 | SD = 0.0 |
| Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = 0 | Mean = 0.0 | SD = 0.0 |
| 3) Fresh Start | No | 2 | 3.6% | 55 |
| How many programs were offered in the last fiscal year? | | Total = 7 | Mean = 3.5 | SD = 2.1 |
| How many individuals participated within the last fiscal year? | | Total = 10 | Mean = 10.0 | SD = 0.0 |
| Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = 5 | Mean = 5.0 | SD = 0.0 |

*number represents the number of counties / districts that answered "Yes" to the question;
N represents the number of counties / districts that responded to the question

**Ashland/Boyd District
Health Department**

Kentucky*

| | | number | % | <i>N</i> |
|--|---------|-------------|--------------|-------------|
| 4) Make Yours a Fresh Start Family | | 44 | 80.0% | 55 |
| How many individuals participated within the last fiscal year? | Total = | 18273 | Mean = 913.7 | SD = 2204.5 |
| Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | Total = | 260 | Mean = 18.6 | SD = 26.2 |
| 5) N.O.T. ON TOBACCO | No | 5 | 8.9% | 56 |
| How many programs were offered in the last fiscal year? | Total = | 11 | Mean = 3.7 | SD = 2.9 |
| How many individuals participated within the last fiscal year? | Total = | 88 | Mean = 44.0 | SD = 25.5 |
| Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | Total = | 54 | Mean = 27.0 | SD = 29.7 |
| 6) Quit and Win | No | 4 | 7.1% | 56 |
| How many programs were offered in the last fiscal year? | Total = | 22 | Mean = 7.3 | SD = 7.1 |
| How many individuals participated within the last fiscal year? | Total = | 115 | Mean = 38.3 | SD = 28.1 |
| Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | Total = | 38 | Mean = 12.7 | SD = 8.4 |
| 7) TEG / TAP | Yes | 36 | 64.3% | 56 |
| How many programs were offered in the last fiscal year? | 2 | Total = 130 | Mean = 4.2 | SD = 5.7 |
| How many individuals participated within the last fiscal year? | 20 | Total = 996 | Mean = 33.2 | SD = 51.2 |
| Within the last fiscal year, how many individuals quit using tobacco at the completion of the program? | | Total = 115 | Mean = 4.4 | SD = 8.1 |

| | Ashland/Boyd District Health Department | | number | Kentucky* % | N |
|--|--|---------|--------|----------------|-----------|
| 1B. What is the job classification of health department staff providing cessation programs? | | | | | |
| 1) Health Educator | Yes | | 45 | 80.4% | 56 |
| 2) Nurse | No | | 45 | 80.4% | 56 |
| 3) Social Worker | No | | 8 | 14.3% | 56 |
| 4) Physician | No | | 4 | 7.1% | 56 |
| 5) Other | No | | 28 | 50.0% | 56 |
| 2. On average, how many requests for tobacco cessation does your health department receive per month? | | | | | |
| 0 | | Total = | 856 | Mean = 15.6 | SD = 23.1 |
| 3. If Cooper-Clayton programs have been provided in your service area, how many people in your area are trained to provide Cooper-Clayton? | | | | | |
| 5 | | Total = | 463 | Mean = 8.6 | SD = 14.9 |
| 4. How do you promote the tobacco cessation programs in your area? | | | | | |
| 1) Word of mouth | Yes | | 55 | 98.2% | 56 |
| 2) Flyers / Brochures | Yes | | 55 | 98.2% | 56 |
| 3) Newspaper | No | | 50 | 89.3% | 56 |
| 4) Radio | No | | 38 | 67.9% | 56 |
| 5) Television | No | | 18 | 32.1% | 56 |
| 6) Church or Community Bulletins | No | | 36 | 64.3% | 56 |
| 7) Billboards | | | 8 | 21.0% | 38 |
| 8) Website | | | 8 | 21.0% | 38 |

| | Ashland/Boyd District Health Department | number | Kentucky* % | N |
|--|--|---|----------------|----------|
| 9) No promotions | No | 3 | 5.4% | 56 |
| 10) Other | No | 38 | 70.4% | 54 |
| 5. Approximately how much money have you spent in the past year promoting your cessation programs through the radio, newspaper, or television? | \$0.00 | Total = \$61,138.00 Mean = \$1,132.19 SD = \$1,996.64 | | |
| 6. Within the past year has your health department provided education programs on tobacco cessation for health care providers? | Yes | 18 | 32.1% | 56 |
| A) If yes, how many programs were provided? | 2 | Total = 36 | Mean = 2.1 | SD = 1.7 |
| 7. Does your health department have a tobacco user identification system | Yes | 49 | 87.5% | 56 |
| A) If yes, is the tobacco user identification system used for every patient at every clinic visit? | Yes | 46 | 93.9% | 49 |
| 8. Does your health department provide individual counseling for tobacco users who want to quit? | Yes | 48 | 85.7% | 56 |
| 9. Are all indoor areas, including offices at your health department smoke free? | Yes | 56 | 100.0% | 56 |
| 10. Are your health care providers aware that Medicaid reimburses smoking cessation counseling and support programs for pregnant women? | Yes | 37 | 71.1% | 52 |
| A) If yes, are you using diagnosis and CPT codes to bill Medicaid for smoking cessation? | | 18 | 62.1% | 29 |

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|--|--|--------|----------------|----|
| 11. Does your clinic have self-help materials for tobacco use cessation available in every exam room? | No | 50 | 89.3% | 56 |
| 12. Are materials on secondhand smoke available in every exam room? | No | 43 | 76.8% | 56 |
| 13. Do your health care providers routinely ask patients about secondhand smoke exposure in the home? | No | 50 | 89.3% | 56 |
| 14. Do your health care providers routinely advise patients to ban smoking in the home? | No | 45 | 80.4% | 56 |
| 15. Do your health care providers routinely advise patients to ban smoking in the cars? | No | 34 | 63.0% | 54 |
| 16. Do your health care providers routinely provide brief cessation interventions using the 5 A's? | No | 44 | 78.6% | 56 |
| 17. Do your providers routinely refer tobacco users who want to quit to a counselor or program available in the community for tobacco use cessation treatment? | Yes | 56 | 100.0% | 56 |
| A) To what person or program do they refer? | | | | |
| A1) Kentucky's Tobacco Quit Line | No | 47 | 83.9% | 56 |
| A2) Cooper Clayton Group Program | No | 53 | 94.6% | 56 |
| A3) Cooper Clayton Self-Help Program | No | 21 | 37.5% | 56 |
| A4) Tobacco Control Coordinator | No | 52 | 92.9% | 56 |

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|--|--|--------|----------------|----|
| A5) Health Educator | Yes | 44 | 78.6% | 56 |
| A6) Community Health Nurse | No | 31 | 56.4% | 55 |
| A7) Nutritionist | No | 26 | 46.4% | 56 |
| A8) Health Care Provider / Hospital | No | 11 | 19.6% | 56 |
| A9) Other | No | 7 | 12.5% | 56 |
| 18. Do your health care providers routinely discuss relapse with former smokers within 12 months after quitting? | No | 30 | 53.6% | 56 |
| 19. Does your employee health plan at your health department reimburse for tobacco use cessation treatment? | Yes | 47 | 87.0% | 54 |
| A) If yes, does the plan cover: | | | | |
| A1) Nicotine Replacement Therapy (NRT)? | Yes | 45 | 95.7% | 47 |
| A2) Other medications? | No | 13 | 27.7% | 47 |
| A3) Classes or counseling for cessation? | No | 14 | 29.8% | 47 |

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How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation?

| | | 1 = Never | | 2 | | 3 | | 4 | | 5 = Very often | | <i>N</i> |
|-----------------------------------|---|-----------|------|----|------|----|------|---|-----|----------------|------|----------|
| | | n | % | n | % | n | % | n | % | n | % | |
| 20. Nicotine Gum | 3 | 16 | 28.6 | 13 | 23.2 | 18 | 32.1 | 0 | 0.0 | 9 | 16.1 | 56 |
| 21. Nicotine Patch | 3 | 12 | 21.4 | 2 | 3.6 | 13 | 23.2 | 1 | 1.8 | 28 | 50.0 | 56 |
| 22. Nicotine Nasal Spray | 1 | 39 | 69.6 | 11 | 19.6 | 5 | 8.9 | 1 | 1.8 | 0 | 0.0 | 56 |
| 23. Nicotine Inhaler | 1 | 38 | 67.9 | 9 | 16.1 | 7 | 12.5 | 1 | 1.8 | 1 | 1.8 | 56 |
| 24. Nicotine Lozenges | 4 | 21 | 37.5 | 7 | 12.5 | 17 | 30.4 | 2 | 3.6 | 9 | 16.1 | 56 |
| 25. Bupropion (Wellbutrin, Zyban) | 3 | 28 | 50.0 | 10 | 17.9 | 8 | 14.3 | 3 | 5.4 | 7 | 12.5 | 56 |
| 26. Clonidine | 1 | 47 | 83.9 | 5 | 8.9 | 4 | 7.1 | 0 | 0.0 | 0 | 0.0 | 56 |
| 27. Nortriptyline | 1 | 49 | 87.5 | 3 | 5.4 | 4 | 7.1 | 0 | 0.0 | 0 | 0.0 | 56 |
| 28. Other Medications | 1 | 50 | 90.9 | 3 | 5.5 | 1 | 1.8 | 0 | 0.0 | 1 | 1.8 | 55 |