

The Kentucky Department for Public Health  
 University of Kentucky College of Nursing  
 North Central Workplace Policy Study, 2004

	<u>North Central</u>	<u>Kentucky</u>
1. How many employees do you have?	n= 18 Mean= 183	n= 776 Mean= 234
2. About what percentage of your employees are male?	n= 18 67.9%	n= 769 65.1%
3. About what percentage of your employees are female?	n= 18 32.1%	n= 770 30.2%
4. About what percentage of your employees are under 18 years of age?	n= 18 0.1%	n= 771 0.2%
5. About what percentage of your employees are	n= 18	n= 770
a. Caucasian	69.6%	72.5%
b. African American	10.3%	9.7%
c. Hispanic	10.8%	3.9%
d. Asian	0.2%	1.0%
e. Other	0.2%	1.0%
6. Does your company have a written smoking policy?	n= 18	n= 762
Yes	13 72.2%	580 76.1%
7. Does your company have a smoking policy that is not in writing?	n= 5	n= 182
Yes	4 80.0%	119 65.4%
8. How is the company policy communicated?	n= 17	n= 713
a. Employee handbook	15 88.2%	500 70.1%
b. Hallways	3 17.6%	192 26.9%
c. Offices	4 23.5%	135 18.9%
d. Restrooms	1 5.9%	99 13.9%
e. Administrative offices	1 5.9%	109 15.3%
f. Not communicated	0 0.0%	19 2.7%

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9. Are employees permitted to smoke inside your company?	$\underline{n}= 18$	$\underline{n}= 762$
Yes	13 72.2%	386 50.7%
10. Is indoor smoking restricted to specified indoor areas?	$\underline{n}= 13$	$\underline{n}= 375$
Yes	12 92.3%	337 89.9%
11. Does the policy, written or unwritten, specify which indoor areas are smoking areas?	$\underline{n}= 13$	$\underline{n}= 373$
Yes	8 61.5%	288 77.2%
No	2 15.4%	53 14.2%
Does not have a policy, written or unwritten	2 15.4%	32 8.6%
12. Are indoor smoking areas separately enclosed and ventilated?	$\underline{n}= 13$	$\underline{n}= 371$
All	5 38.5%	149 40.2%
Some	3 23.1%	63 17.0%
None	4 30.8%	146 39.4%
I don't know	0 0.0%	13 3.5%
13. Does the smoking policy specify which indoor areas are separately ventilated for smoking?	$\underline{n}= 13$	$\underline{n}= 362$
Yes	4 30.8%	119 32.9%
No	6 46.2%	195 53.9%
Does not have a policy, written or unwritten	1 7.7%	48 13.3%
14. Where is indoor smoking permitted? (Fill in all that apply)	$\underline{n}= 13$	$\underline{n}= 386$
a. Cafeteria	1 7.7%	79 20.5%
b. Break rooms	10 76.9%	226 58.5%
c. Personal offices	1 7.7%	55 14.2%
d. Conference rooms	0 0.0%	29 7.5%
e. Bathrooms	1 7.7%	57 14.8%
f. Other	8 61.5%	147 38.1%

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15. Are employees permitted to smoke outside your company? Yes	n= 18 16 88.9%	n= 765 730 95.4%
16. Where is outdoor smoking permitted? a. Anywhere outside b. Designated areas outside c. Other	n= 16 7 43.8% 8 50.0% 1 6.3%	n= 720 265 36.8% 436 60.6% 19 2.6%
17. Does the smoking policy, written or unwritten, specify which outdoor areas are smoking areas? Yes No Does not have a policy, written or unwritten	n= 16 3 18.8% 11 68.8% 2 12.5%	n= 712 339 47.6% 321 45.1% 52 7.3%
18. Are outdoor smoking areas enclosed? No	n= 16 13 81.3%	n= 714 610 85.4%
19. Is smoking permitted during work hours? Yes	n= 17 15 88.2%	n= 758 654 86.3%
20. Does the smoking policy, written or unwritten, specify when smoking is permitted? Yes No Does not have a policy, written or unwritten	n= 15 7 46.7% 6 40.0% 2 13.3%	n= 622 334 53.7% 240 38.6% 48 7.7%
21. When is smoking permitted? a. Any time b. Before work c. Break time d. Lunch time e. After work f. During meetings g. After work functions	n= 15 2 13.3% 0 0.0% 14 93.3% 6 40.0% 0 0.0% 0 0.0% 0 0.0%	n= 654 180 27.5% 312 47.7% 521 79.7% 457 69.9% 298 45.6% 16 2.4% 86 13.1%
22. Are No Smoking signs posted at your company? Yes	n= 18 16 88.9%	n= 763 620 81.3%
23. Do employees smoke in company vehicles? Yes No Does not have company vehicles	n= 17 9 52.9% 6 35.3% 2 11.8%	n= 748 280 37.4% 360 48.1% 108 14.4%

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24. Does the smoking policy, written or unwritten, specify if smoking is permitted or not in company vehicles?	<u>n</u> = 14	<u>n</u> = 640
Yes	1 7.1%	203 31.7%
No	11 78.6%	352 55.0%
Does not have a policy, written or unwritten	2 14.3%	89 13.9%
25. To what extent do employees comply with the existing smoking policy?	<u>n</u> = 18	<u>n</u> = 768
a. All of the time	10 55.6%	443 57.7%
b. Some of the time	0 0.0%	29 3.8%
c. Most of the time	8 44.4%	254 33.1%
d. Never	0 0.0%	0 0.0%
e. Does not have a policy, written or unwritten	0 0.0%	42 5.5%
26. Who enforces the smoking policy for employees?	<u>n</u> = 18	<u>n</u> = 776
a. Immediate Supervisor	11 61.1%	572 73.7%
b. Manager	7 38.9%	413 53.2%
c. Security	0 0.0%	64 8.2%
d. Peers	0 0.0%	119 15.3%
e. Does not have a policy, written or unwritten	0 0.0%	45 5.8%
27. For a first time offense, what action is taken when an employee violates the smoking policy?	<u>n</u> = 18	<u>n</u> = 776
a. Verbal reprimand	10 55.6%	514 66.2%
b. Written reprimand	5 27.8%	125 16.1%
c. Participation in smoking cessation or education program	0 0.0%	2 0.3%
e. Does not have a policy, written or unwritten	0 0.0%	55 7.1%
28. For a second time offense, what action is taken when an employee violates the smoking policy?	<u>n</u> = 18	<u>n</u> = 776
a. Verbal reprimand	1 5.6%	90 11.6%
b. Written reprimand	13 72.2%	447 57.6%
c. Participation in smoking cessation or education program	0 0.0%	33 4.3%
e. Does not have a policy, written or unwritten	0 0.0%	61 7.9%

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29. For 3 or more offenses, what action is taken when an employee violates the smoking policy?	n= 18	n= 776
a. Verbal reprimand	0 0.0%	26 3.4%
b. Written reprimand	6 33.3%	171 22.0%
c. Day off with pay	0 0.0%	88 11.3%
d. Participation in smoking cessation or education program	0 0.0%	6 0.8%
e. Mandatory smoking cessation program	0 0.0%	2 0.3%
f. Suspension from work	5 27.8%	174 22.4%
g. Does not have a policy, written or unwritten	0 0.0%	71 9.1%
30. Who do the employees contact if they have complaints about people violating smoking restrictions?	n= 18	n= 776
a. Immediate supervisor	9 50.0%	578 74.5%
b. Health and safety personnel	9 50.0%	149 19.2%
c. Risk manager	3 16.7%	76 9.8%
31. Does your company provide resources to employees who want to quit using tobacco products?	n= 18	n= 756
Yes	10 55.6%	363 48.0%
32. What resources are available?	n= 10	n= 363
a. Cooper-Clayton Method to Stop Smoking	2 20.0%	62 17.1%
b. Fresh Start (American Cancer Society)	0 0.0%	17 4.7%
c. Freedom from Smoking (American Lung Association)	0 0.0%	12 3.3%
d. Make Yours a Fresh Start Family	0 0.0%	5 1.4%
e. Employee Assistance Program	2 20.0%	170 46.8%
f. Telephone Quit Line	0 0.0%	12 3.3%
g. Self-Help Booklets/Posters	2 20.0%	48 13.2%
h. Counselor	0 0.0%	28 7.7%
i. Computer / On-Line help	0 0.0%	12 3.3%
j. Doctor/Other Health Care Professional	1 10.0%	52 14.3%
33. Who provides the smoking cessation services?	n= 10	n= 363
a. Company Nurse	0 0.0%	32 8.8%
b. Community resource person	2 20.0%	93 25.6%

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34. Are cigarettes sold on company property? Yes	n= 18 4 22.2%	n= 758 36 4.7%
35. If "Yes", how are cigarettes sold? a. Company store b. Vending machines	n= 4 0 0.0% 3 0.0%	n= 36 1 2.8% 28 77.8%
36. Does your smoking policy mention anything about the consequences of tobacco, secondhand smoke or about protecting the health of others? Yes No Does not have a policy, written or unwritten	n= 18 2 11.1% 15 83.3% 1 5.6%	n= 754 133 17.6% 549 72.8% 72 9.5%
37. How satisfied are you with your current smoking policy? a. Very satisfied b. Somewhat satisfied c. Satisfied d. Not satisfied e. Does not have a policy, written or unwritten	n= 18 7 38.9% 8 44.4% 2 11.1% 1 5.6% 0 0.0%	n= 767 352 45.9% 172 22.4% 166 21.6% 42 5.5% 35 4.6%
38. Are you contemplating changes in your smoking policy? No	n= 18 13 72.2%	n= 761 641 84.2%
39. How interested are you in receiving assistance on changing your smoking policy? a. Very interested b. Somewhat interested c. Not interested	n= 18 2 11.1% 4 22.2% 12 66.7%	n= 767 59 7.7% 151 19.7% 557 72.6%
40. How interested are you in receiving assistance on effective smoking cessation programs? a. Very interested b. Somewhat interested c. Not interested	n= 18 4 22.2% 13 72.2% 1 5.6%	n= 761 158 20.8% 279 36.7% 324 42.6%

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41. Which of the following best describes your company's official policy on spit (smokeless) tobacco for indoor common areas such as lobbies, rest rooms, and lunch rooms?	<u>n</u> = 18	<u>n</u> = 753
a. Not allowed in common areas	3 16.7%	304 40.4%
b. Allowed in some common areas	3 16.7%	90 12.0%
c. Allowed in all common areas	0 0.0%	42 5.6%
d. No official policy	12 66.7%	280 37.2%
42. Which of the following best describes your company's official policy on spit (smokeless) tobacco for work areas?	<u>n</u> = 18	<u>n</u> = 738
a. Not allowed in work areas	6 33.3%	334 45.3%
b. Allowed in some work areas	1 5.6%	56 7.6%
c. Allowed in all work areas	0 0.0%	54 7.3%
d. No official policy	11 61.1%	268 36.3%
43. If your company has an official spit tobacco policy, how often is it enforced?	<u>n</u> = 18	<u>n</u> = 740
a. Always enforced	4 22.2%	330 44.6%
b. Sometimes enforced	2 11.1%	60 8.1%
c. Never enforced	0 0.0%	13 1.8%
d. Other	0 0.0%	22 3.0%
e. Does not have a policy, written or unwritten	12 66.7%	315 42.6%
44. Would you send us a copy of your spit tobacco and/or smoking policy if you have them?	<u>n</u> = 18	<u>n</u> = 748
Yes	13 72.2%	298 39.8%
No	3 16.7%	225 30.1%
Does not have written policies	2 11.1%	225 30.1%
45. Does your company have an employee wellness or health promotion program (e.g. health education services, activities, classes, workshops, lectures, individual counseling or wellness information)?	<u>n</u> = 18	<u>n</u> = 768
Yes	9 50.0%	382 49.7%
No	9 50.0%	364 47.4%
Don't Know	0 0.0%	22 2.9%

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46. Does your worksite have any policies or guidelines requiring heart healthy food choices to be served or available (i.e. low fat foods, lower calorie foods, low-fat milk, water or fruit juices) in the following places?	<u>n</u> = 18	<u>n</u> = 776
a. Cafeteria	0 0.0%	77 9.9%
b. Vending Machines	6 33.3%	225 29.0%
c. Meetings	3 16.7%	39 5.0%
d. Company-sponsored events	2 11.1%	41 5.3%
47. Does your company have vending machines that stock food and/or drinks? Yes	<u>n</u> = 18 18 100.0%	<u>n</u> = 756 725 95.9%
48. Are any of the following items stocked in your vending machines?	<u>n</u> = 18	<u>n</u> = 725
a. 100% fruit juices	16 88.9%	475 65.5%
b. Low-fat milk	16 88.9%	371 51.2%
c. Bottled water	16 88.9%	596 82.2%
d. Baked or low-fat chips	12 66.7%	497 68.6%
e. Pretzels	15 83.3%	615 84.8%
f. Lite popcorn	6 33.3%	258 35.6%
g. Animal crackers	12 66.7%	334 46.1%
h. Fresh Fruit	11 61.1%	291 40.1%
i. Low-fat cereal bars	14 77.8%	331 45.7%
j. Salad with low-fat dressing	11 61.1%	221 30.5%
49. Does your company provide access for employees to do the following:	<u>n</u> = 18	<u>n</u> = 776
a. Refrigerate food	18 100.0%	736 94.8%
b. Microwave food	18 100.0%	749 96.5%
c. Eat in a break room	16 88.9%	730 94.1%
d. Buy food in a cafeteria	1 5.6%	182 23.5%



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50. Do your company health insurance plans cover all or part of the cost of the following. (Fill in all that apply)	n= 18	n= 776
a. Diabetes equipment & supplies (e.g. meters, strips, lancets, etc.)	14 77.8%	614 79.1%
b. Diabetes medicine (insulin, pills)	15 83.3%	653 84.1%
c. Diabetes self-management education	3 16.7%	302 38.9%
d. Nutrition and behavior counseling or classes for weight contro	2 11.1%	189 24.4%
e. Prescription drugs for weight loss	2 11.1%	230 29.6%
f. Medications for smoking cessation (e.g. Wellbutrin, Zyban, patches/gum, etc.)	6 33.3%	286 36.9%
g. Behavioral counseling or classes for smoking cessatio	3 16.7%	204 26.3%
51. Does your company have community outreach or funding programs for community projects?		
Yes	n= 18 16 88.9%	n= 756 407 53.8%
52. Does the manufacture of your products involve flammable materials?		
Yes	n= 18 9 50.0%	n= 762 452 59.3%
53. Do your employees belong to a union?		
Yes	n= 18 4 22.2%	n= 761 186 24.4%
Manufacturing Facility Participation Rate	72.0%	73.3%

Note. Data for this report were collected April 2004 - September 2004 in manufacturing facilities with 50 or more employees.

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