

The Kentucky Department for Public Health
 University of Kentucky College of Nursing
Breathitt County Health Department Tobacco Cessation Survey, 2004

| | <u>Breathitt</u> | <u>Kentucky (N=56)</u> | | |
|---|-------------------------|---|--------|-----|
| 1. Are you or other health department staff involved in providing tobacco cessation programs? | Yes | 56 | 100.0% | Yes |
| 2. If "Yes," what programs do you provide? | | | | |
| a. Fresh Start (American Cancer Society) | No | 11 | 19.6% | Yes |
| b. Freedom from Smoking (American Lung Association) | No | 0 | 0.0% | Yes |
| c. Cooper-Clayton Method to Stop Smoking | Yes | 52 | 92.9% | Yes |
| d. Make Yours a Fresh Start Family | Yes | 51 | 91.1% | Yes |
| e. Quit and Win | No | 8 | 14.3% | Yes |
| f. TEG/TAP | No | 37 | 66.1% | Yes |
| g. N.O.T/N.O.T. ATS (Alternative To Suspension) | No | 3 | 5.4% | Yes |
| 3. If "Yes," how many tobacco cessation programs were offered within the last year? | 2 | Total Programs = 476 Mean = 8.7 (SD = 7.7) | | |
| 4. If "Yes," how many clients/patients participated in tobacco cessation programs within the last year? | 20 | Total Clients/Patients = 4377 Mean = 79.6 (SD = 110.1) | | |
| 5. If "Yes," how many clients/patients completed tobacco cessation programs within the last year? | 7 | Total Clients/Patients = 2633 Mean = 47.9 (SD = 74.6) | | |
| | (35.0% Completion Rate) | (60.2% Completion Rate) | | |
| 6. If "Yes," what is the job title of health department staff providing tobacco cessation programs? | | | | |
| a. Health Educator | Yes | 46 | 82.1% | Yes |
| b. Nurse | No | 38 | 67.9% | Yes |
| c. Social Worker | No | 4 | 7.1% | Yes |
| d. Physician | No | 1 | 1.8% | Yes |

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| 7. On average, how many requests for tobacco cessation does your health department receive per month? | 3 | Total Requests = 629 Mean = 11.4 (<u>SD</u> = 15.9) | | |
| 8. Within the past year, have any Cooper-Clayton Method to Stop Smoking programs been provided in your service area? | Yes | 53 | 94.6% | Yes |
| 9. If "Yes", how many people in your service area are trained to provide Cooper-Clayton programs? | 3 | Total People = 355 Mean = 6.7 (<u>SD</u> = 9.6) | | |
| 10. How do you promote the tobacco cessation programs in your area? | | | | |
| a. Word of mouth | Yes | 53 | 96.4% | Yes |
| b. Flyers/Brochures | Yes | 53 | 96.4% | Yes |
| c. Newspapers | Yes | 51 | 92.7% | Yes |
| d. Radio | Yes | 40 | 72.7% | Yes |
| e. Television | Yes | 21 | 38.2% | Yes |
| f. Church or Community bulletins | Yes | 33 | 60.0% | Yes |
| g. No promotion | No | 1 | 1.8% | Yes |
| 11. Approximately how much money have you spent in the past year promoting your cessation programs through newspaper, radio or television? | \$0.00 | Total Amount = \$110,440.00 Mean = \$2,045.19 (<u>SD</u> = \$6,074.23) | | |
| 12. Within the past year, has your health department provided education programs on tobacco cessation for health care providers? | No | 17 | 30.4% | Yes |
| 13. If "Yes", about how many programs did you provide? | | Total Programs = 34 Mean = 2.0 (<u>SD</u> = 2.2) | | |
| 14. Does your health department have a tobacco-user identification system (e.g. tobacco use as a vital sign, flagging the charts)? | Yes | 53 | 94.6% | Yes |

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| 15. If "Yes," is the tobacco-user identification system used for every patient at every clinic visit? | Yes | 48 | 90.6% | Yes |
| 16. What kinds of educational methods are used for tobacco use cessation in your health department? | | | | |
| a. Formal group classes | No | 42 | 75.0% | Yes |
| b. Individual counseling | Yes | 52 | 92.9% | Yes |
| c. Audio-visual materials | No | 48 | 85.7% | Yes |
| d. Printed materials | Yes | 55 | 98.2% | Yes |
| e. Posters | Yes | 53 | 94.6% | Yes |
| 17. Does your clinic have self-help materials for tobacco use cessation available in every exam room? | No | 29 | 51.8% | Yes |
| 18. Are materials on secondhand smoke available in every exam room? | No | 29 | 51.8% | Yes |
| 19. Do your health care providers routinely ask patients about secondhand smoke exposure in the home? | Yes | 50 | 89.3% | Yes |
| 20. Do your health care providers routinely advise patients to ban smoking in the home? | Yes | 48 | 85.7% | Yes |
| 21. Do your health care providers routinely advise patients to ban smoking in their cars? | Yes | 38 | 67.9% | Yes |
| 22. Do your health care providers routinely provide brief cessation interventions using the 5 A's (Ask, Advise, Assess, Assist, Arrange)? | Yes | 36 | 64.3% | Yes |

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| 23. Do your providers routinely refer tobacco users who want to quit to a counselor or to a program available in your community for tobacco cessation treatment? | Yes | 54 | 96.4% | Yes |
| 24. If "Yes", to what program or person do they refer? | | | | |
| a. National Cancer Institute's Cancer Information Service Smoking Cessation Call Center (1-877-44U-QUIT) | No | 31 | 55.4% | Yes |
| b. Cooper Clayton Group Program | No | 50 | 89.3% | Yes |
| c. Cooper Clayton Self-help Program | No | 28 | 50.0% | Yes |
| d. Tobacco Control Coordinator | Yes | 48 | 85.7% | Yes |
| e. Health Educator | No | 34 | 60.7% | Yes |
| f. Community Health Nurse | No | 28 | 50.0% | Yes |
| g. Nutritionist | No | 21 | 37.5% | Yes |
| 25. Does your employee health plan(s) at your health department reimburse for tobacco use cessation treatment? (including nicotine gum/patch and/or counseling) | Yes | 15 | 27.3% | Yes |
| 26. How frequently do your health care providers prescribe or recommend the following medications for tobacco use cessation? | | | | |
| a. Nicotine Gum | 3 | 16 | 29.1% 1= Never | |
| | | 11 | 20.0% 2= | |
| | | 18 | 32.7% 3= | |
| | | 6 | 10.9% 4= | |
| | | 5 | 9.1% 5= Very Often | |
| b. Nicotine Patch | 4 | 11 | 20.0% 1= Never | |
| | | 3 | 5.5% 2= | |
| | | 8 | 14.5% 3= | |
| | | 14 | 25.5% 4= | |
| | | 20 | 36.4% 5= Very Often | |

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| c. Nicotine Nasal Spray | 1 | 42 11 2 1 0 | 76.4% 1= Never 20.0% 2= 3.6% 3= 1.8% 4= 0.0% 5= Very Often |
| d. Nicotine Inhaler | 1 | 39 16 1 0 0 | 70.9% 1= Never 29.1% 2= 1.8% 3= 0.0% 4= 0.0% 5= Very Often |
| e. Nicotine Lozenges | 1 | 27 14 9 3 3 | 49.1% 1= Never 25.5% 2= 16.4% 3= 5.5% 4= 5.5% 5= Very Often |
| f. Bupropion (Wellbutrin, Zyban) | 1 | 19 9 14 10 4 | 34.5% 1= Never 16.4% 2= 25.5% 3= 18.2% 4= 7.3% 5= Very Often |
| g. Clonidine (suppresses opioid withdrawal symptoms; typically used to treat high blood pressure) | 1 | 46 7 2 0 1 | 83.6% 1= Never 12.7% 2= 3.6% 3= 0.0% 4= 1.8% 5= Very Often |
| h. Nortriptyline (antidepressant) | 1 | 48 4 3 1 0 | 87.3% 1= Never 7.3% 2= 5.5% 3= 1.8% 4= 0.0% 5= Very Often |

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| 27. We have enough staff to provide tobacco cessation programs | 3 | 13 8 16 19 | 23.6% 1= Strongly Disagree 14.5% 2= Disagree 29.1% 3= Agree 34.5% 4= Strongly Agree |
| 28. Our staff are not trained to provide tobacco cessation. | 1 | 37 7 8 4 | 67.3% 1= Strongly Disagree 12.7% 2= Disagree 14.5% 3= Agree 7.3% 4= Strongly Agree |
| 29. We are too busy to provide tobacco cessation. | 2 | 31 18 4 3 | 56.4% 1= Strongly Disagree 32.7% 2= Disagree 7.3% 3= Agree 5.5% 4= Strongly Agree |
| 30. We have few requests for tobacco cessation programs. | 2 | 25 14 14 3 | 45.5% 1= Strongly Disagree 25.5% 2= Disagree 25.5% 3= Agree 5.5% 4= Strongly Agree |
| 31. Tobacco cessation programs are too expensive. | 2 | 28 16 8 4 | 50.9% 1= Strongly Disagree 29.1% 2= Disagree 14.5% 3= Agree 7.3% 4= Strongly Agree |
| 32. Tobacco cessation programs are effective. | 3 | 1 5 25 25 | 1.8% 1= Strongly Disagree 9.1% 2= Disagree 45.5% 3= Agree 45.5% 4= Strongly Agree |

This report was prepared through a contract between the Kentucky Cabinet for Health and Family Services and the University of Kentucky College of Nursing

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